

# WOMEN IN COACHING

COHORT 2

# CAREER COACH

A NEW GENERATION OF COACHES

**Sport is a significant influencer and potential catalyst for improvement in society and is part of the values base of New Zealanders. However, the representation of females in influencing and informing roles in sport is well below that of males. While the inclusion of women and girls as athletes is improving, thanks to the IOC gender-equality stance, females are hugely under-represented in the key**

**areas of influence – sport leadership, governance and coaching – especially at the high performance level.**

Rowing NZ is missing out on the values and skills that women bring – and we know that environments flourish with diversity. We know that increasing the number of women in leadership positions such as head coaches, RNZ coach/selector and pathway coach roles will demonstrate the pathways and opportunities for females beyond being an athlete or assistant coach.

Since establishing the Career Coach programme in 2019 we have seen more women applying and being selected for New Zealand age group teams and have more women on our selection panels. The goal for Rowing New Zealand is to have women involved in every level and have increased retention of female coaches.

To continue to drive change and create a more inclusive environment, Rowing NZ will run a second cohort of the Career Coach programme which aims to develop leadership, confidence and capability in female coaches.

ROWING  
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## WHAT'S INVOLVED?

Career Coach is a two-year programme consisting of:

- » Two residential workshops per year (June and September) with guest speakers and experts from various fields, with a focus on personal, professional and performance-based development
- » Visits to shadow RNZ coaches
- » 1:1 professional development planning with the Coach Development Manager

## CRITERIA

### APPLICANTS MUST

- » Be able to commit to the two-year programme
- » Have ambitions to progress in rowing coaching
- » Have been coaching for at least four years.

## APPLICATION PROCESS

Applications will open in March. Please keep an eye on the Rowing NZ website.

For all enquiries regarding this programme please contact:

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