

## ROWING NEW ZEALAND (“RNZ”) 2021-22 HIGH PERFORMANCE SELECTION GUIDELINES

*RNZ intends to select crews for one or more of the following regattas:*

### **ELITE/DEVELOPMENT**

2022 FISA World Cup II	Poznan, POL	17 <sup>th</sup> – 19 <sup>th</sup> June 2022
2022 FISA World Cup III	Lucerne, SUI	8 <sup>th</sup> – 10 <sup>th</sup> July 2022

### **ELITE**

2022 FISA World Rowing Championships	Racice, CZE	18 <sup>th</sup> – 25 <sup>th</sup> September 2022
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### **UNDER 23**

World Under 23 Championships	Varese, ITA	27 <sup>th</sup> July – 31 <sup>st</sup> July 2022
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*Rowers who are under 23 years of age on the 31 December 2022*

### **NZ WORLD UNIVERSITY – World University Games (Universiade) CANCELLED**

World University Games Chengdu, China 26<sup>th</sup> June – 7<sup>th</sup> July 2022

*Rowers who are currently attending a NZ University in 2022*

*University and Tertiary Sport NZ informed Rowing NZ on 16.12.2021 that New Zealand will not be sending a team to Chengdu in 2022. Further information can be found [here](#).*

### **UNDER 21**

NZ vs Australia: 16<sup>th</sup> – 18<sup>th</sup> June 2022, Penrith, Australia

The exact race format is yet to be agreed upon and will be confirmed as soon as possible.

*Rowers who are under 21 years of age on the 31 December 2022 and available to trial from 23<sup>rd</sup> to 25<sup>th</sup> February, at Lake Karāpiro*

Team:

Sweep	4 men / 4 women (plus coxswains)
Sculling	4 men / 4 women
Reserves	1 man / 1 woman

### **UNDER 19**

World 19 Championships in	Varese, ITA	27 <sup>th</sup> July – 31 <sup>st</sup> July 2022
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*(Rowers who are under 19 years of age on the 31 December 2022)*

### **NZ UNIVERSITY – Trans Tasman – New Zealand**

Racing will take place in Australia 11<sup>th</sup> – 17<sup>th</sup> July 2022 (TBC)

*Rowers who are attending a NZ University in 2022*

Team:

Men’s Eight  
Women’s Eight

### **UNDER 18**

North vs South Island Regatta: Lake Karāpiro 28<sup>th</sup> – 29<sup>th</sup> April 2022

*Rowers who are under 18 years of age on the 31 December 2022*

Team: North Island and South Island teams comprising:

Sweep	8 men / 8 women (plus coxswains)
Sculling	4 men / 4 women (plus coxswains)

## 1. ELITE/UNDER 23 SELECTION TRIAL DATES

- i. **ELITE SELECTION TRIAL 1 (World Cups)**                      **19<sup>th</sup> to 24<sup>th</sup> March 2022, Lake Karāpiro**  
A Final World Championship Trial maybe held for some crews post World Cup 3
- ii. **UNDER 23 SELECTION TRIAL**    **21<sup>st</sup> to 25<sup>th</sup> February 2022, Lake Karāpiro**

## 2. HOW TO QUALIFY FOR A SELECTION TRIAL

### SUMMER SQUAD/ELITE DEVELOPMENT ATHLETES

2.1 All Athletes selected into the Summer Squad/Elite Development Squad shall be eligible for Elite Selection Trial or Under 23 Selection Trial (under the age group rules) providing they shall have:

- i. Completed a 5km and 2km erg test within the timeframes set out below, in the presence of an RNZ Ergometer Tester (except with leave of the RNZ General Manager Performance in the event of injury, bereavement or the like).

**2021** – Ergometer 5km Test    Completed before December 12<sup>th</sup> 2021 (Scores to RNZ)

**2022** - Ergometer 2km Test    Completed between 24<sup>th</sup> – 30<sup>th</sup> January 2022 (Scores to RNZ)

- ii. Participated in the National Small Boat Regatta (except with leave of the RNZ General Manager Performance in the event of injury, bereavement, or the like).

#### *National Small Boat Regatta*

North Island Club Champs, Lake Karāpiro                      28<sup>th</sup> to 31<sup>st</sup> January 2022

2.2 Subject to compliance with the pre-requisites set out above, Summer Squad & Elite Development Athletes may gain selection for Elite or Under 23 Trials by:-

- a) Invitation of the RNZ Selection Panel; or by
- b) Achieving or bettering at least one of the following standards:
  - i. 2km Ergometer (to be verified by RNZ Ergometer Tester)

Men Elite	5:49
Men Lwt Elite	6:13
Men Under 23	5:55
Women Elite	6:43
Women Lwt Elite	7:10
Women Under 23	6:51

#### Lightweights Weight Requirement

January 2k	Below 61kg Women, 74kg Men
Elite Trials	Below 60kg Women, 73kg Men

- ii. Performances in National Small Boat Races (2000m)

Men and Women    open 1x, or 2-                      1<sup>st</sup>

- iii. Performances at the Rocket Foods New Zealand Rowing Championships (2000m) - 15<sup>th</sup> to 19<sup>th</sup> February 2022

Elite Men & Women	Premier 1x, 2-	1 <sup>st</sup>
U23 Men & Women	U22 1x or 2-	1 <sup>st</sup>

## CLUB ELITE ATHLETES

- 2.3 May gain selection for Elite & U23 Trials by invitation by the RNZ Selection Panel

## USA BASED ATHLETES

- 2.33 To be considered for a NZ Squad (Elite & U23), US Based athletes are to

- 1) Complete a 5km or 6km Erg Before 12<sup>th</sup> December 2021 (Scores to RNZ)
- 2) Complete a 2km Erg 24<sup>th</sup> – 30<sup>th</sup> January 2022 (Scores to RNZ)
- 3) Race in Xmas Regatta (1x, 2-, 2x) and/or attend the U23 Development Camp\*

\*This is not a requirement 2022 due to covid & MIQ restrictions

U23 Athletes must also have nominated via the RNZ [Nomination Form](#)

## NATIONAL PATHWAY ATHLETES

- 2.4 National Pathway Athletes will be eligible for Elite trials at the sole discretion of the RNZ Selection Panel (see 2.3).

- 2.5 All Athletes selected into the National Pathway that have completed the online [nomination form](#) shall be eligible for Under 23 Selection Trial (under the age group rules) providing they shall have:

- iv. Completed a 5km and 2km erg test within the timeframes set out below, in the presence of an RNZ Ergometer Tester (except with leave of the RNZ Athlete Development Lead in the event of injury, bereavement or the like).

**2021** – Ergometer 5km Test Completed before 12<sup>th</sup> December 2021 (Scores to RNZ)

**2022** - Ergometer 2km Test Completed between 24<sup>th</sup> – 30<sup>th</sup> January (Scores to RNZ)

- v. Participated in one of the National Small Boat Regatta's (except with leave of the RNZ Athlete Development Lead in the event of injury, bereavement, or the like).

### *National Small Boat Regatta*

2. North Is, North Is Champs, Karāpiro 28<sup>th</sup> – 31<sup>st</sup> January – Boats open 1x/2-
3. South Is, South Is Champs, Twizel 29<sup>th</sup> - 30<sup>th</sup> January – Boats open 1x/2-

- 2.6 Subject to compliance with the pre-requisites set out above, National Pathway Athletes may gain selection for Under 23 Trials by:-

- a) Invitation of the RNZ Selection Panel; or by

- b) Achieving or bettering at least one of the following standards:

- iii. 2Km Ergometer (to be verified by RNZ Ergometer Tester)

Men Under 23 5:55 (min:secs)

Women Under 23 6:51 (min:secs)

- iv. Performances in National Small Boat Races (2000m)

Men and Women open 1x, or 2- 1<sup>st</sup>

- vi. Performances at the Rocket Foods New Zealand Rowing Championships (2000m) - 15<sup>th</sup> to 19<sup>th</sup> February 2022

U23 Men & Women U22 1x or 2- 1<sup>st</sup>

## NON-NATIONAL PATHWAY ATHLETES

- 2.6 Non-National Pathway Athletes may gain selection for an Under 23 Selection Trial by invitation at the sole discretion of the RNZ Selection Panel.

## **NZ UNIVERSITY – WORLD UNIVERSITY GAMES (UNIVERSIADE) TEAM SELECTION PROCESS**

### **4. SELECTION TRIAL                    23<sup>rd</sup> to 25<sup>th</sup> February 2022, Lake Karāpiro**

#### **5. HOW TO QUALIFY FOR A SELECTION TRIAL**

4.1 In order to be eligible for a selection trial:

1. Athletes must hold a current NZ Passport and;
2. Must be at least 18 and no older than 25 years of age on 31 December 2022
3. Must be studying towards a degree or diploma in 2022, or obtained a degree/diploma in 2021 from a NZ University
4. Complete the RNZ online [nomination form](#) no later than 9<sup>th</sup> January 2022 (except with leave of RNZ Athlete Development Lead)
5. Completed a 2km ergometer test in the time frames set out below (except with leave of the RNZ Athlete Development Lead in the event of injury, bereavement, or the like).
6. Selection will be determined by performance at the selection trial in accordance with the RNZ selection policy and will include a 2km ergometer test and seat racing and will be at the sole discretion of the RNZ NZ University selection panel.

*NB. To be considered valid, an ergometer test must be completed in the period 1<sup>st</sup> January to 11<sup>th</sup> February 2022 and validated by the senior coach at the athlete's club.*

## **U21 SELECTION PROCESS**

### **6. SELECTION TRIAL                    23<sup>rd</sup> to 27<sup>th</sup> February 2022, Lake Karāpiro**

#### **7. HOW TO QUALIFY FOR A SELECTION TRIAL**

6.1 In order to be eligible for a selection trial:

1. Athletes must hold a current NZ Passport and;
2. Must be 20 years or under as at 31 December 2022
3. Complete the RNZ online [nomination form](#) no later than 9<sup>th</sup> January 2022 (except with leave of RNZ Athlete Development Lead)
4. Completed a 2km ergometer test in the time frames set out below (except with leave of the RNZ Athlete Development Lead in the event of injury, bereavement, or the like).
5. Selection will be determined by performance at the selection trial in accordance with the RNZ selection policy and will include a 2km ergometer test and seat racing and will be at the sole discretion of the RNZ U21 selection panel.

*NB. To be considered valid, an ergometer test must be completed in the period 1<sup>st</sup> January to 11<sup>th</sup> February 2022 and validated by the senior coach at the athlete's club.*

## **U19 SELECTION PROCESS**

### **8. SELECTION TRIAL                    23<sup>rd</sup> to 29<sup>th</sup> April 2022, Lake Karāpiro**

#### **9. HOW TO QUALIFY FOR A SELECTION TRIAL**

8.1 In order to be eligible for a selection trial:

1. Athletes must hold a current NZ Passport and;
2. Complete the RNZ online [nomination form](#) no later than 28<sup>th</sup> February 2022 (except with leave of RNZ Athlete Development Lead)
3. Completed a 2km ergometer test and 5km or 30min ergometer test in the time frames set out below (except with leave of the RNZ Athlete Development Lead in the event of injury, bereavement, or the like).
4. Selection will be determined by performance at the selection trial in accordance with the RNZ selection policy and will include a 2km ergometer test and seat racing and will be at the sole discretion of the RNZ U19 selection panel.

*NB. To be considered valid, an ergometer test must be completed in the period 11<sup>th</sup> October to 15<sup>th</sup> November 2021 (5km non-rate capped or 30 min rate 20) and 1<sup>st</sup> January to 28<sup>th</sup> February 2022 (2km) and validated by the senior coach at the athlete's club or school.*

## **NZ UNIVERSITY – TRANS TASMAN TEAM SELECTION PROCESS**

Rowers will be considered for a University Trans-Tasman team if they meet the following criteria:

1. Must hold a current New Zealand Passport
2. Must be studying towards a degree or diploma at a NZ University in 2022
3. Complete the RNZ online [nomination form](#) no later than 1<sup>st</sup> April 2022.
4. Complete a 2Km erg test within the month of March 2022, witnessed by a coach (except with leave of the RNZ Athlete Development Lead in the event of injury, bereavement or the like).
5. Compete in the University Championships – Whanganui, 8<sup>th</sup> - 9<sup>th</sup> April 2022 (except with leave of the RNZ Athlete Development Lead in the event of injury, bereavement or the like).
6. Available to trial in seat racing on 10<sup>th</sup> April 2022 in Whanganui.

## **NORTH AND SOUTH ISLAND UNDER 18 TEAMS**

### **1. SELECTION TRIAL                      22<sup>nd</sup> to 25<sup>th</sup> April 2022 – Karāpiro and Twizel**

### **2. HOW TO QUALIFY FOR A SELECTION TRIAL**

2.1 In order to be eligible for a selection trial, athletes shall have:

- a) Completed an online [nomination form](#) no later than 22<sup>nd</sup> February 2022.

2.2 Subject to compliance with the pre-requisite set out above athletes may gain selection for a Under 18 Selection Trial:

- a) By invitation at the sole discretion of the North/South U18 Selection Panel

NB.

1. Selection will be determined by performance at the selection trial in accordance with the criteria to be published by the North / South Under 18 Selection Panels.
2. The North and South Island teams will participate in a camp and regatta run in conjunction with the U19 Selection Trial to be held on Lake Karāpiro, 23<sup>rd</sup> to 29<sup>th</sup> April 2022.
3. The following events will be held for Under 18 men and women: 8+, 4+, 2-, 4x+, 2x, 1x

## **ELITE PARA ROWING**

### **1. SELECTION TRIAL                      21<sup>st</sup> to 24<sup>th</sup> March 2022, Lake Karāpiro**

### **7. HOW TO QUALIFY FOR A SELECTION TRIAL (except with leave of RNZ General Manager Performance)**

#### **2.1 In order to be eligible for a Selection Trial, athletes shall have:**

- b) Completed a 3Km and 2km erg test within the time frames set out below (with RNZ Ergometer Tester)
- c) Participated in adaptive races at NZ Club Championships

2.2 Subject to compliance with the pre-requisites set out above athletes may gain selection for an Elite Adaptive Selection Trial:

- a) By invitation at the sole discretion of the National Selection Panel

### **2. ERGOMETER TESTING**

- a. 3Km Test                      Completed by the 12<sup>th</sup> December 2021 (Scores to RNZ)
- b. 2Km Test                      Completed between 21<sup>st</sup> to 30<sup>th</sup> January 2022 (Scores to RNZ)

## **AGE GRADE SELECTOR TEAMS:**

Elite Team:	Wayne Maher (convenor), Annabel Richie, John Storey
U23 Team:	Alex Meates (convenor), Alison Storey, Tom Stannard
U21 Team:	Alex Meates (convenor), Janey Charlton, Sean Durkin
U19 Team:	Janey Charlton (convenor), Kirsty Dunhill, Tim Babbage
Trans-Tasman University:	Alison Storey (convenor), Philippa Baker-Hogan, Adrian Riepen
U18 North Island Team:	Rachel Gamble-Flint (convenor), Catherine Duffin, Isaac Grainger
U18 South Island Team:	Mark Cotham (convenor), Holly Greenslade

## **NOTES**

1. Nomination forms on Rowing NZ website/High Performance: click here: [Nomination](#)
2. All ergometer testing (with exception of Juniors and University Trans-Tasman) to be validated by Rowing NZ coaches
3. Athletes may be required to contribute to the costs of the tours and to relocate to Karāpiro
4. All athletes must hold a New Zealand Passport at the time of nomination.
5. For information of appointments of RNZ Coaches and Team Managers refer to the RNZ Website – [Nomination Page](#)
6. For further information contact: **RNZ General Manager Performance, Judith Hamilton** email [judith@rowingnz.kiwi](mailto:judith@rowingnz.kiwi)