



**NEW ZEALAND
ROWING ASSOCIATION (NZRA)**

RULES OF RACING 2021

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Part 1 - Scope

Rule 1 - Rowing, Boats, Regattas

1. Rowing is the propulsion of a displacement boat, with or without coxswain, by the muscular force of one or more rowers, sitting with their backs to the direction of movement of the boat, using oars as simple levers. Rowing on a machine or in a tank, which simulates the action of rowing in a boat, is also considered rowing.
2. A rowing regatta is a sporting competition consisting of one or more events divided, if necessary, into a number of races, in one or more classes of boats divided, as a general rule, into different classifications of gender, age, weight or ability.
3. There are three classes of regattas:
 - a) **Championship Regatta** . shall include the New Zealand Rowing Championships and any other regatta that the Board declares to be a Championship Regatta.
 - b) **Major Regatta** . conducted at venues where the facilities are close to those of a Championship Regatta, and may have local clauses added to the conditions to suit the time of the Season and the ability of the crews.
 - c) **Local Regatta** . shall include regattas run by a Local Association in their area on a course that may not conform to national standards of fairness or length or straightness. Local Associations may hold their regattas at a Major Regatta Location, and still be considered a Local Regatta. Local Associations may have local clauses added to the conditions to suit the time of the Season and the ability of the crews.
4. Local clauses shall be reported to NZRA on request and shall maintain the guiding principles of the welfare and safety of competitors, officials and volunteers, and fairness.

Rule 2 - Purpose

The purpose of these rules are to:

- a) Provide a basis for racing.
- b) Ensure that due notice is taken of the NZRA Competition Safety Code, the provisions of which shall take precedence at all times.
- c) Provide a consistent framework for the regulation and organisation of regattas and other rowing events.

Rule 3 - Definitions and Abbreviation

The following definitions shall apply throughout these rules:

Board . New Zealand Rowing Association Board of Directors

Boss Rooster . Men's Premier Coxless Four event at the New Zealand Rowing Championships

Dame Four . Women's Premier Coxless Four event at the New Zealand Rowing Championships

FISA . Fédération Internationale des Sociétés d'Aviron (the World Rowing Federation)

May . When used in describing the duties of officials in these rules implies the exercise of discretion and judgement.

MNZ . Maritime New Zealand

Non-Resident Competitor . a competitor who is not a New Zealand Citizen.

NZRA . New Zealand Rowing Association

NZSSRA . New Zealand Secondary Schools Rowing Association

RPC . Rowing Performance Centre

shall . A mandatory command

should . Optional but desirable

Italic type in these rules indicates comment or explanation, rather than rules.

See also Rule 71 for definitions of disciplinary terms.

Rule 4 - Guiding Principles and Interpretation

1. The principles guiding the Organising Committee and the officials in charge of the regatta shall be:

- a) The safety and welfare of all competitors, officials and volunteers
- b) Fairness for all competitors

Each individual competitor and team official shall also act at all times in accordance with these principles.

2. Wherever possible, provisions of these rules should be interpreted consistently with each other. Where such interpretation is not possible, the more specific should prevail over the general, and provisions regarding safety shall take precedence over any other provision.
3. In situations not covered by these rules, the Race Committee is empowered to make such decisions and to give such instructions as are necessary to carry out their responsibilities, consistent with the principles described above.

Rule 5 - Right to Participate

1. Competitors shall be registered with a club affiliated with NZRA and hold a current NZRA Competition Licence at Championship Regattas and Major Regattas, unless exempt by NZRA.
2. Non-Resident Competitors who belong to a federation that is a member of FISA have the right to participate.

Rule 6 - The Regatta

1. All regattas in New Zealand shall be conducted according to these rules as may be appropriate for the regatta and advised in the regatta conditions.
2. All regattas shall adhere to the NZRA Competition Safety Code, the MNZ and regional council bylaws and regulations.

Rule 7 - The New Zealand Rowing Championships

1. The list of all events at the New Zealand Rowing Championships is contained in Appendix A. NZRA shall decide the order of the events.
2. Exhibition events
 - a) NZRA's Domestic Committee may seek approval from the Board to conduct an exhibition event during the New Zealand Rowing Championships. An exhibition event:
 1. shall only be open to crews not contemplated under the existing Rules; and
 2. shall not be eligible for medals, awards or trophies; and
 3. shall be in addition to, not part of, the list of events.

Approval may be given on such terms and conditions as shall be specified by the Board.

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- b) An exhibition event may be added to the list of all events at the New Zealand Rowing Championships by the annual general meeting held in the same year as the exhibition event is conducted

Part 2 - Rowers, Coxswains and Crews

SECTION 1 - General

Rule 8 - Health and Insurance

1. Each competitor shall take ultimate responsibility for their own state of health and fitness. Competitors shall ensure they can compete at a level commensurate with the competition level of the particular event.
2. Equipment owners shall carry adequate and comprehensive accident and property insurance covering their persons, equipment and property.

Rule 9 - Season

A Season commences on the first day of September and ends immediately after NZSSRA's New Zealand championships the following year. The period between Seasons is an off-Season.

Rule 10 - Club Representation

No rower may race for two different entities (e.g. club, RPC, NZRA) at the same regatta, except a rower racing for a RPC may also race for their club in the Men's and Women's Premier Eight, Men's and Women's Premier Quadruple Sculls, Boss Rooster and Dame Four events.

SECTION 2 - Classification of Rowers (Excluding Coxswains)

Rule 11 - Classification

Rowers are classified according to:

- a) gender
- b) ability
- c) age
- d) weight

Rule 12 - Classification According to Gender

All rowers shall be classified as eligible to row in one of two genders: male or female. A rower's gender shall match their sex unless their gender classification has been set in accordance with NZRA's Transgender and Transsexual Policy.

Rule 13 - Classification According to Ability

1. Classifications

- a) Every rower is classified according to ability into one of five classes: Novice, Intermediate, Club, Senior, Premier. (Classes listed in order of increasing ability from lowest to highest).
- b) A person who has never rowed in a race is unclassified according to ability and is eligible for Novice events.

2. Classification Regattas and Events

- a) The New Zealand Rowing Championships and NZSSRA's New Zealand championships are Classification Regattas.
- b) Events at Classification Regattas (excluding those events which are less than 2000m in distance or provide for mixed gender participation) are events which are used to assess the ability of rowers.

3. Moving Up a Class

- a) An unclassified person becomes Novice when rowing in their first race.
- b) A rower moves up to Intermediate at the first end of Season after becoming Novice i.e. the end of NZSSRA's New Zealand championships.
- c) Effective 1 September 2020, a rower moves up to Club at the end of the Season after qualifying by:
 - i. progressing to an A or B final in any event (excluding Novice and U15) at a Classification Regatta;
 - ii. progressing to any final in an U17 or U18 event (excluding U18 Novice) at a Classification Regatta; or
 - iii. placing first or second in the A final in an U15 or Novice (including U18 Novice) event for boats other than eights or octuples at a Classification Regatta.
- d) Effective 1 September 2020, a rower moves up to Senior at the end of the Season after qualifying by placing:
 - i. first in the A final in an U18 (excluding U18 Novice) or older, Club, Senior, or Premier event at a Classification Regatta; or
 - ii. second or third in the A final of an U18 (excluding U18 Novice) or older, Club, Senior, or Premier event for boats other than eights at a Classification Regatta; or
 - iii. first in the A final in an U17 event at a Classification Regatta; or
 - iv. second or third in the A final in an U17 event for boats other than eights at a Classification Regatta.
- e) A rower moves up to Senior immediately when selected to row for New Zealand in any Junior, Youth Olympic, U21, U23, Elite, or similar crew (as defined by NZRA).
- f) A rower qualifying by Rules 13.3.c and 13.3.d above will not qualify if the result qualifying them places them in the bottom third of the event.
- g) A rower moves up to Premier:
 - i. Immediately when selected to row for a RPC, the NZ Elite Development Squad or the NZ Summer Squad or similar (as defined by NZRA); or
 - ii. Immediately when selected to row for New Zealand in any U23, Elite or similar crew (as defined by NZRA); or
 - iii. At the end of the Season after qualifying by:
 - a) placing first, second or third in the A final of the Premier 1x, Premier 2x or Premier 2- at a Classification Regatta; or
 - b) placing first in the A final of the U22 1x, U22 2x or U22 2- event at a Classification Regatta.

Note: A rower may move up more than one class by achieving the requisite qualification standard.

4. Moving Down a Class

- a) A rower moves down to Senior at the end of the Season unless:
 - i. they competed at the New Zealand Rowing Championships in an U22 or Premier event and placed first, second or third; or
 - ii. they have already been selected to row for New Zealand in any U23, Elite or similar crew (as defined by NZRA) at an upcoming regatta.
- b) A rower who becomes Premier by virtue of Rule 13.3.g.i becomes Senior immediately if the rower is no longer a member of a RPC, the NZ Elite Development Squad or the NZ Summer Squad and has not raced in the current Season.
- c) A Premier rower who is not a member of an RPC or the NZ Elite Development Squad or the NZ Summer Squad may at any time apply to NZRA to be re-classified to Senior with immediate effect.
- d) Effective 1 September 2020, a rower, after one Season as Senior, moves down to Club at the end of the Season if the rower:
 - i. at the New Zealand Rowing Championships competed in a Senior event and did not progress to an A final in a Senior, Premier, or U19 (or older) event.
 - ii. at NZSSRA's New Zealand championships competed in an U18 event and did not progress to an A final in an U18 event.
- e) A rower who moves up to Senior solely as a result of Rule 13.3.d.iii or Rule 13.3.d.iv:
 - i. automatically moves down to Club at the end of the next Season provided, if they had not already been Senior, they would not have qualified in the interim to move up to Senior.
 - ii. may at any time apply to NZRA to be re-classified as Club where they are no longer a registered student of a school.
- f) Effective 1 September 2020, a rower, after a Season as Club, moves down to Intermediate at the end of the Season if the rower:
 - i. at the New Zealand Rowing Championships competed in a Club event and did not progress to an A or B final in a Club, Senior, Premier, or U19 (or older) event.
 - ii. at NZSSRA's New Zealand championships
 - a) competed in an U16 event and did not progress to an U16 A or B final, or to any U17 or U18 final; or
 - b) competed in an U17 event and did not progress to any U17 or U18 final;
 - c) competed in an U18 event and did not progress to any U18 final.
- g) For the purpose of 13.4.d and 13.4.f above, a crew who makes a final will be deemed not to progress where the result placed them in the bottom third of the event.
- h) No rower can become Novice again.

5. Re-Classification by Application to NZRA

- a) A rower may apply to NZRA for re-classification to Intermediate or Club or Senior.
- b) A rower may only apply if seeking re-classification at the start of the following Season to:
 - i. move up more than one class; or
 - ii. remain in their current class instead of moving up a class; or
 - iii. move down one class instead of remaining in their current class.

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- c) NZRA shall consider applications that:
 - i. have the support of the rower's club and Local Association; and
 - ii. set out a case explaining why NZRA should grant re-classification; and
 - iii. are received during the off-Season or by the first day of November in the current season.
 - d) When NZRA considers an application it shall reach a decision as soon as it is practical to do so and shall notify all parties of that decision.
 - e) If NZRA grants re-classification during the off-Season then it happens at the start of the next Season. Otherwise re-classification happens when the decision is notified to all parties.
 - f) NZRA will publish a re-classification report as soon as practical after the application process has concluded. The report will summarise the outcomes of all applications. It may also include such details as NZRA decides may be helpful for future applicants.

6. Classification by NZRA

- a) NZRA shall be responsible for classifying any rower other than a Novice or Premier who has not raced under this system of classification. This includes rowers from overseas and rowers whose previous racing all pre-dates this classification system.

7. Classification Eligibility Review and Adjustment

- a) At the end of each Season NZRA shall convene a Committee pursuant to Article 25.1 of the NZRA Constitution to review the definition of Classification Race and the effect of the tests in Rules 13.3 and 13.4.
- b) The Committee shall conclude its review not less than five weeks before the date of the NZRA AGM.
- c) If, after consultation with Local Associations, the Committee determines Rules 13.2 and/or 13.3 and/or 13.4 should be adjusted then at the conclusion of its review it shall put forward an amendment to the Rules in accordance with Article 25 of the NZRA Constitution (for ratification at the NZRA AGM).

Rule 14 - Classification According to Age

- 1. In all age group events rowers shall produce verification of age by producing a government issued identification (e.g. drivers licence, passport) if called upon by the Organising Committee.
- 2. The reference date is 1 January in the Season of the regatta.
- 3. A rower may row in an age limited event if they are within the specified age limits on 1 January in the Season of the regatta (excluding Masters, see date in rule 14.5) e.g. a rower can compete in an U20 event if they are under the age of 20 on 1 January in the Season of the regatta.
- 4. Every rower under the age of 18 years is classified as a junior rower.
- 5. Masters:
 - a) The reference date is 31 December in the year of the regatta.
 - b) Every rower over the age of 26 is classified as a Masters rower.
 - c) For Masters rowing events the following crew age categories shall apply:
 - A Minimum age: 27 years,
 - B Average age: 36 years or more,

C	Average age: 43 years or more,
D	Average age: 50 years or more,
E	Average age: 55 years or more,
F	Average age: 60 years or more,
G	Average age: 65 years or more,
H	Average age: 70 years or more,
I	Average age: 75 years or more,
J	Average age: 80 years or more,
K	Average age: 83 years or more,
L	Average age: 86 years or more,
M	Average age: 89 years or more.

Rule 15 - Lightweights

Lightweight races are restricted weight events for rowers who comply with the following conditions:

- a) No rower who is under the age of 16 before 1 January in the Season in which the competition is held shall be eligible to be classified by weight.
- b) A male lightweight crew (excluding coxswain) shall have an average weight not exceeding 70kg. No individual male lightweight rower may weigh more than 72.5kg. A male lightweight single sculler may not weigh more than 72.5kg.
- c) A female lightweight crew (excluding coxswain) shall have an average weight not exceeding 57kg. No individual female lightweight rower may weigh more than 59kg. A female lightweight single sculler may not weigh more than 59kg.
- d) In races where a weight limit applies, lightweight rowers shall be weighed individually in their racing uniform on calibrated scales which indicate the weight of the rower to 0.1kg not less than one hour and not more than two hours before their first race in which they are competing on each day of competition.
- e) All the members of a lightweight crew are to present themselves together for weighing and remain at the scales until all the crew have been weighed in.
- f) A club representative, other than the lightweight crew members, should also attend the weighing in.
- g) If the race is subsequently postponed, the lightweight crew is not required to be weighed later on the same day for that event.
- h) Any lightweight rower who has been re-hydrated intravenously between the weigh-in and the respective race shall not be allowed to start.
- i) If a lightweight rower exceeds the required weight or a crew exceeds the required average weight by the expiry of the time permitted for weighing, the rower (and the crew of that rower) or the crew concerned are no longer eligible and shall be Excluded from the event.

SECTION 3 - Non-Resident Competitors

Rule 16 - Qualification Requirements

1. Before a Non-Resident Competitor can represent a New Zealand club at a Championship Regatta run under these rules the competitor shall be required to meet the following criteria:
 - a) Be living in New Zealand before 1 December in the Season in which they wish to race.
 - b) Submit a letter to confirm their membership from the club of affiliation to NZRA.

- c) Submit a rowing CV to NZRA for approval of classification before 1 December in the Season in which they wish to race.
 - d) Have acquired a NZRA Competition Licence before 1 December in the Season in which they wish to race.
 - e) In order to represent the club at Championship Regattas they shall have represented the club of affiliation at 2 or more regattas before the Championship Regatta they intend to enter.
2. If a Non-Resident Competitor wishes to enter or be part of a club crew racing at a Major Regatta or Local Regatta an application shall be lodged with the Organising Committee for approval to be involved in that regatta.

SECTION 4 - Crews

Rule 17 - Classification of Crews

Crews are classified according to:

- a) Gender Classified Racing
Crews are classified by the gender of the rower(s) in the crew:
 - i. Crews of a single gender shall be classified as that gender, male or female.
 - ii. Crews of both genders are co-ed crews if there is an equal number of male and female rowers the crew shall be classified as mixed.Crews of only the specified gender (or specified range of genders) may race together in gender classified races.
- b) Ability Classified Racing
Crews of only the same or less ability may race together in ability classified races. When an event is classified as Open ability everybody has the requisite eligibility to compete.
- c) Age Classified Racing
Crews of only the same age group may race together in age group classified races.
- d) Weight Classified Racing
Crews of only the same weight may race together in weight classified races.

Rule 18 - Composite Crews

1. Composite crews comprising of rowers from clubs from any one or more Local Associations may be entered in any four, quadruple sculls, eights, octuple and U22, Premier and Masters doubles and pairs events (except the Boss Rooster and Dame Four events) with the written approval from the Local Associations.
2. Entries
 - a) Entries of composite crews shall be submitted by one of the clubs represented in the composite crew, and shall be made in time to meet the advertised closing date for entries for the regatta concerned. The names of all rowers and the clubs they represent shall be entered on the entry form.
 - b) The composite crew may be referenced as a composite crew from the club of the rower designated in the stroke seat.

If the stroke of a composite crew comprising Tauranga/Rotorua/Bay of Plenty is from Rotorua the short form of the composite crew may be "Rotorua Composite".
3. Substitution

Rowers entered in a composite crew shall be subject to the same rules for substitution as other crews provided that any replacement rower shall be a member of a club represented in the original entry.

Rule 19 - Rowing Performance Centres

1. RPC and other high performance squads (e.g. the Summer Squad) shall declare their membership prior to their first regatta.
2. Crews from these squads when entering a regatta:
 - a) Shall be made up from competitors declared in the RPC's roster.
 - b) Shall only enter U22, Open and Premier events at Championship Regattas, and may also enter Open events at Major Regattas. Except:
 - i. A RPC crew may not enter the Boss Rooster or Dame Four Events . these events shall only be for crews consisting of competitors from the same club of record.
 - ii. A RPC crew may enter the Senior Single, Senior Pair and Senior Double events with athletes eligible to row Senior (U20 and in their initial year at the RPC).
 - c) Shall be entered by the RPC of which they are members.
 - d) Shall be subject to the same rules for substitution as other crews provided that any replacement crew member shall be a member of the RPC.

SECTION 5 - International Crews

Rule 20 - International Crews

International crews shall register with NZRA prior to competing. Their level of classification will be assessed by NZRA prior to their competing at a regatta. All information required to make this determination shall be supplied to NZRA at the time of registering. Only international crews from a member federation of FISA shall be allowed to compete.

SECTION 6 - Para-Rowing

Rule 21 - Para-Rowing

1. A Para-rower is a rower with a disability who meets the minimum criteria set out in the FISA Classification Rules. Only Para-rowers shall compete in a Para-Rowing event.
2. The Para-Rowing categories recognised by NZRA include:
 - a) PR3 (legs, trunk and arms) . rowers have use of their legs, trunk and arms, are able to utilise the sliding seat; and shall meet the minimum disability requirements in intellectual disability and/or, visual impairment and/or physical disability.
 - b) PR2 (trunk and arms) . rowers have trunk movement but are unable to use the sliding seat because of significantly weakened lower limb function.
 - c) PR1 (arms only) . rowers have no or minimal trunk function, they are able to apply force predominantly using the arms and/or shoulders.
3. Para-rowers competing at a NZRA national event shall have a current classification as outlined in the FISA Classification Rules.
4. Coxswains of Para-Rowing crews may be either gender and are not required to have a disability.

5. The Para-Rowing boat classes offered at Championship Regattas shall be determined by the NZRA Board and published at least six months in advance of the Championship Regatta. They shall periodically be reviewed to ensure that participation levels are maximised.
6. The design and specifications of boats and equipment permitted in these Para-Rowing events shall be as specified by FISA.
7. No protest is permitted against the classification of another Para-rower.
8. A Para-rower may protest against their own classification by lodging a protest in accordance with the FISA processes.

SECTION 7 - Coxswains

Rule 22 - Coxswains

1. A coxswain is a crew member.
2. A coxswain is not subject to the classification outlined in Rule 17 . Classification of Crews.
3. The minimum weight for a coxswain is 55kg.
4. Deadweight
 - a) To make up the minimum weight, deadweight shall be placed in the boat as close as possible to the coxswain. It shall not be connected in any way to a crew member nor shall it be of such composition that it might impede their exit from the boat. In the case of a bow coxed boat it shall not be placed in front of the coxswain.
 - b) The deadweight shall be of a solid substance, not sand, gravel, water or anything similar, and not attached to a crew member. Where several solid items form such weight, these shall be connected to each other or contained in a sealed bag of suitable strong materials.
 - c) The deadweight shall not include any article of rowing or racing equipment.
5. Weigh in
 - a) Coxswains shall be weighed in their racing uniform excluding life jacket on calibrated scales which indicate the weight of the coxswain to 0.1kg:
 - i. not less than one hour and not more than two hours before their first race of the regatta; and
 - ii. at a Championship Regatta only, where the coxswain is part of a crew that qualifies for a final, and the coxswains first final of the regatta is on a later day than the day of their first race of the regatta, not less than one hour and not more than two hours before their first final of the regatta.
 - b) Failure to weigh in within this time will result in a race penalty for the coxswain and their crew for each race the coxswain has that day. The coxswain may still weigh in after this time and then no penalty will be applied for races taking place more than one hour after the coxswain weighs in. Failure to weigh in at all before a race shall result in Exclusion from the race of the coxswain and their crew.
6. At any time, prior to and/or after each race the Control Commission may require the weight of the dead weight to be checked. If the weight is less than that recorded at the coxswain's most recent weigh-in, the crew shall be Relegated to last place.
7. Coxswains shall wear a New Zealand Safety Standards approved life jacket rated for the weight of the coxswain. Inflatable life jackets are prohibited.

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8. A coxswain may not compete for more than one entity at any regatta except in the following circumstances:
 - a) a coxswain may compete for their club and their RPC or the NZ Elite Development Squad at a regatta; or
 - b) a coxswain may compete for their club and their school.However before entries close an application for dispensation may be made to the Organising Committee who may allow a coxswain to compete for more than one entity.
 9. Clothing worn by a coxswain shall be of such materials, that in an event of capsizing or sinking, the water will not render the clothing to become a hazard (e.g. jeans).

SECTION 8 - Rowers' Clothing

Rule 23 - Rowers' Clothing

1. Every rower, shall wear the registered colours of the club or association represented. This shall consist of at least a singlet and shorts combination or an equivalent one-piece garment.
2. Crews representing a single club shall wear a uniform of the registered colours of the club.
3. Undergarments may be worn uniformly under the official uniform.
4. In composite crews each rower shall wear the strip of the club represented.
5. In exceptional cases, the Race Committee may authorise the wearing of an alternative uniform.
6. Crew members in RPC crews shall be subject to the uniform requirements of the RPC.

Part 3 - Boats and Construction

SECTION 1 - CONSTRUCTION

Rule 24 - Classes of Boats

The following classes of boat are recognised by NZRA:

- a) Single Sculls (1x)
- b) Double Sculls (2x)
- c) Pair (2-)
- d) Coxed Pair (2+)
- e) Quadruple Sculls (4x-)
- f) Coxed Quadruple Scull (4x+)
- g) Four (4-)
- h) Coxed Four (4+)
- i) Coxed Octuple (8x+)
- j) Coxed Eight (8+)

Rule 25 - Construction of Boats and Crew Responsibility

The construction, design and dimensions of boats and oars shall, in principle, be unrestricted subject to the following provisions. It is solely the responsibility of the crew that their boat meets all these requirements including safety provisions.

Rule 26 - Boats

1. If equipment is placed in a boat for a particular race, on behalf of the Organising Committee, it can only be installed with the agreement of the crew in question unless all boats in the race are similarly equipped.
e.g. If all crews in a race have a GPS system then the crews are required to carry them. If the request is only made to some of the crews then only those that agree may carry the equipment.
2. All boats shall have an approved bracket permanently fixed at the bow immediately behind the bow ball for the fixing of a boat number.
3. No boat shall make use of any substance or structures (including riblets) capable of modifying the natural properties of water to improve performance.
4. No rower shall make use of a boat with a sliding or swinging rigger mechanism.
5. Flotation Requirement - Boats constructed or delivered after 1 January 2010 shall show on the production plaque whether the boat meets the FISA Guideline for Minimum Flotation: "a boat when full of water with a crew of average weight equal to the design weight stated on the boat's production plaque, seated in the rowing position should float such that the top of the seat is a maximum of 5 cm below the static waterline." If a buoyancy compartment is fitted with a method of closing that compartment then the fitment shall be in place and intact.

Rule 27 - Bow Balls

1. The bows of all boats used for a regatta shall be properly protected with a solid white ball, of not less than 40mm diameter, firmly attached to the bow.
2. It shall not significantly deflect if a side force is applied.
3. If the protection is an integral part of the boat it shall afford equivalent protection and visibility.
4. Where a bolt is used to attach a bow ball the bolt should not protrude from the nut and when affixed the bolt and nut together should be of a shorter length than the diameter of the bow ball itself.

Rule 28 - Quick Release Foot Stretchers

1. In all boats the foot stretchers, shoes or other devices holding the feet of the rowers shall be a type which allow the rowers to get clear of the boat with no delay in an emergency.
2. Where shoes or other devices holding the feet will remain in the boat, each shoe or device shall be independently restrained such that when the heel reaches the horizontal position the foot will be released from the shoe.
3. In addition, where laces, Velcro or similar materials must be opened before the rower can remove their feet from the shoes or other device, all such materials must be able to be released immediately by the rower with a single quick hand action of pulling on one easily accessible strap.
4. Where shoes or other devices holding the feet will not remain in the boat, each shoe or device must be able to be released by the rower without using their hands or with a single quick hand action of pulling on one easily accessible strap or release device.

Rule 29 - Coxswain's Seat

1. The opening for the coxswain's seat shall be at least 700mm long and be as wide as the boat for at least 500mm.

2. The interior surfaces shall be smooth and without any projections that would hinder easy and rapid egress.
3. A fixed bulkhead or firm foot-stop shall be provided at a suitable distance from the backrest to suit the coxswain's height so that they can push themselves clear of the cockpit easily.
4. The steering mechanism shall not hinder egress.

Rule 30 - Oars

Oar blades may not be less than 5mm thick for sweep oars, and 3mm thick for sculls. The thickness shall be measured 3mm from the outer edge of the blade for sweep oars and 2mm for sculls.

Rule 31 - Boat Numbers

1. Each boat shall carry at the bow the number as required by the Organising Committee. If boat numbers are supplied by the Organising Committee these shall be used to the exclusion of all others. If numbers are not provided the boat numbers shall be profile cut, a minimum of 180mm high, coloured air-sea-rescue orange or red. The numbers shall in this case be supplied by clubs.

SECTION 2 - Weighing

Rule 32 - Boat Weights

1. Boats shall not be less than the following minimum weights:

Type of Boat	1x	2x	2-	2+	4-	4+	4x	4x+	8+	8x+
Weight Kg	14.0	27.0	25.0	28.0	50.0	51.0	52.0	53.0	96.0	100.0

The minimum weight of the boat shall include only the fittings essential to its use, in particular; riggers, stretchers, shoes, slides, seats and hull extensions. The minimum weight shall not include the oars or sculls or the bow number. It shall include sound amplification equipment or any other kind of electronic equipment, including cables or wires carried in the boat for connecting such equipment within the boat, housing or fixing for electronic or other equipment and any loudspeakers, only when such equipment is firmly fixed to the boat. Additional weight carried in the boat to achieve the required weight shall be firmly fastened to the boat or to the essential fittings described above.

Rule 33 - Boat Weighing

If boat weighing is conducted at a regatta it shall follow these rules:

a) Test weighing of boats

The weighing scale(s) shall be calibrated scales, which indicate the weight of the boat to 0.1kg and be available to the crews at least 24 hours and, if possible, 48 hours before the first race of the regatta for the test weighing of their boats. The scales shall be tested scales which indicate the weight of the boat to 0.1kg and be located on a horizontal floor, inside a building or a tent to provide protection from the wind. The weighing area shall be easily accessible from the incoming pontoons and shall be exclusively reserved for the weighing of boats during the regatta. It is solely the responsibility of the crew to ensure that their boat meets the required minimum weight.

b) Official Boat Weighing Procedure

- i. A person, authorised by the Race Committee shall make a random draw before the start of each racing session. They shall also have the right to include additional

boats to this list if there is a suspicion that certain boats may be underweight. They shall deliver copies of this draw to the Chief of Control Commission.

- ii. Members of the Control Commission shall inform the nominated crews as they leave the water after cooling down and they, or people appointed for that purpose, shall accompany the crews to the weighing scales. Once the crew has been nominated no extra weight of any description can be added to the boat until the boat has been weighed.
 - iii. Equipment that is not to be included in the weight of the boat shall be removed from the boat before weighing.
 - iv. At the official weighing of the boat, the normal wetted surface of the boat is accepted. However, any standing water shall be removed before the weighing, in particular any water between the shoulders and under the canvas, and in all watertight compartments. All other items (tools, clothes, sponges, bottles, etc.) shall be taken out of the boat before the weighing.
- c) Failure to make the minimum weight
If a boat is below the minimum weight, the member of the Control Commission shall record the result of weighing and proceed as follows:
- i. Test the scales with the gauged weights, observed by the crew representative; record the name of the crew and the event and the words ~~%Test Weighing+~~. Both the crew representative and the member of the Control Commission shall sign this as a correct record of the test.
 - ii. Weigh the boat concerned for the second time, record the weight and type of equipment items included in the weighing and the words ~~%Second Boat Weighing+~~. Both the crew representative and the member of the Control Commission shall sign this as a correct record of this weighing.
 - iii. Deliver the record to the Race Committee.
- d) Penalty for Underweight Boat
The penalty for having raced in an underweight boat shall be that the crew is Relegated to last place in the particular race. If the crew races again in an underweight boat in a later round of the same event, then the penalty shall be the Exclusion of the crew.

Part 4 - Courses

The criteria for courses are described in the Regulations for Courses (Appendix B).

Part 5 - Organisation of Regattas

SECTION 1 - Committees and Officials

Rule 34 - The Organising Committee

1. The organisation of a regatta shall be undertaken by an Organising Committee formed for that purpose.
2. NZRA may appoint a person to the Organising Committee formed for any Championship Regatta.
3. The Organising Committee is responsible for:
 - a) All matters pertaining to the preparation and operation of a regatta.
 - b) Ensuring that the organisation of that regatta is in accordance with these rules.
 - c) Fixing the dates of the regatta.

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- d) Ensuring that the course and all necessary installations on land and water provide the necessary services for the competitors in a safe and secure environment.
 - e) Preparing the regatta conditions and event list and making them available to all clubs.
 - f) Taking out public liability insurance for the regatta.
 - g) Ensuring first aid and rescue services are available. A designated Safety Officer shall be appointed. Appropriate supporting medical services shall be arranged.
 - h) Publishing and displaying clearly, at the official boat launch area or pontoons area, the traffic rules to be followed by the rowers, to control the movement of boats on the water. These rules shall cover both training and racing requirements.
4. For Championship Regattas the Organising Committee shall submit nominations for the Race Committee to NZRA for approval. For all other regattas the Organising Committee shall appoint the Race Committee.
 5. The Organising Committee shall appoint a Regatta Controller. The Regatta Controller shall be responsible for all matters of organisation and delivery of the on-water races. This shall include:
 - a) The Draw
 - b) Scratchings
 - c) Substitutions
 - d) Crew Progressions
 - e) Scheduling in consultation with the Race Committee
 - f) Maintain records of the matters referred to at Rule 80
 6. The Organising Committee shall provide its officials with all the equipment they need to perform their duties. The Race Committee and the Safety Officer shall ensure that this provision is complied with.
 7. The Organising Committee shall publish all safety information as outlined in Rule 49.

Rule 35 - Safety Officer

1. Before a regatta, the Organising Committee shall appoint a Safety Officer who may become a member of the Organising Committee.
2. The Safety Officer shall advise the Organising Committee on matters of safety and the implementation of these rules, the NZRA Competition Safety Code, MNZ and regional council bylaws and regulations, and any local safety requirements for the regatta.

Rule 36 - Race Committee

1. The Race Committee shall ensure that the regatta is run in accordance with these rules. The Race Committee shall endeavour to ensure that all crews have the same and equal conditions to race. The Race Committee shall comprise of the following persons:
 - a) Chief Umpire, who shall be the Convenor of the Race Committee
 - b) Chief Starter
 - c) Chief Judge
 - d) Representative of the Organising Committee
 - e) Representative of the association holding the regatta

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2. If the regatta is not held by an association, the Representative of the association shall be appointed by the Organising Committee.

Rule 37 - The Convenor of the Race Committee

The Convenor of the Race Committee shall:

- a) Chair all Race Committee meetings and ensure proper co-ordination with the Organising Committee.
- b) Ensure that all officials are briefed and equipped to carry out their duties, particularly for any local safety issues.
- c) Be in attendance at and available to the regatta throughout the period of the regatta.
- d) Consult with the Safety Officer, and address any concerns raised and, if unable to do so, refer the concerns to the Organising Committee.
- e) Research and ascertain all available background information concerning any protest submitted correctly, including personnel involved, time and event, etc. Submit this detail in writing to the Race Committee for consideration of the protest.
- f) Provide a written report of the outcome of a protest and inform all parties involved in the protest of the outcome.
- g) Appoint a substitute in the event of any perceived or obvious conflict of interest for any member of the Race Committee for the purpose of the protest.
- h) Provide a written report on the management of the regatta and the performance of the Race Officials at the regatta, to the Organising Committee. The report may include any recommendations for future similar events. Additionally, in respect of a Championship Regatta, a copy of the report shall be provided to the NZRA.

Rule 38 - Race Officials

1. The Race Committee shall appoint the Race Officials for the regatta, one of whom shall be appointed Chief of Control Commission and one of whom may be appointed Boat Marshall.
2. The Race Officials support the Race Committee to ensure that the regatta is run in accordance with these rules. The Race Officials shall endeavour to ensure that all crews have the same and equal conditions to race.
3. The Race Officials carry out the following duties:
 - a) Starters/Aligners
 - b) Umpires
 - c) Judges
 - d) Members of the Control Commission
4. The Race Officials and the Race Committee should meet each day for a briefing by the Convenor of the Race Committee before racing starts and after racing is completed, to have a review of the day's racing.
5. Qualification
 - a) At a Championship Regatta all Race Officials and the Race Committee with the exception of the appointed Representatives of the Race Committee shall hold an NZRA Race Officials licence.

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- b) At a Major Regatta all Race Officials with the exception of the Control Commission, the appointed Representatives of the Race Committee, the Aligners and the Judges shall hold a NZRA Race Officials licence.
 - c) At all other regattas at least the Chief Umpire shall hold a NZRA Race Officials licence.

Rule 39 - Duties of the Control Commission

The Control Commission shall ensure that the composition of the crews is correct and that their equipment complies with these rules. In particular the Control Commission is responsible for checking the following points:

- a) Weight of coxswains.
- b) Dead weight to be carried by coxswains (before and after the race).
- c) Weight of rowers in lightweight events.
- d) Provision of a bow ball.
- e) Bow numbers.
- f) Possible use of unauthorised radios for coaching and water soluble chemicals intended to increase the speed of the boat, and prohibited structures.
- g) Weight of boats.
- h) Quick release foot stretchers.
- i) Uniform clothing of crew members and its conformity with these rules
- j) Knowledge of who is on the water
- k) Safety . to ensure that the safety requirements of these rules are met.

SECTION 2 - General

Rule 40 - Approval of Fees, Conditions and Event List

1. The level of entrance fees and levies for regattas shall be approved by the organisation running the regatta.
2. For the New Zealand Rowing Championships the entrance fees and levies shall be confirmed at the annual general meeting held in the year prior to the regatta.
3. For all Championship Regattas the Organising Committee shall secure the approval of the proposed regatta conditions and event list from NZRA.

Rule 41 - Regatta Conditions and Entry

1. Each regatta conditions and event list should include:
 - a) The place, date and time of the regatta.
 - b) The type of boats.
 - c) The order of events and the conditions applying to the regatta.
 - d) The amount of entry fee.
 - e) The category and length of the course, whether or not it is straight, still or running water, the number of lanes and if possible a plan.
 - f) The date and time at which entries close and the date, time and place of the Safety Briefing/Meeting.

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- g) The address for entries and correspondence.
 - h) Arrangements in the event of qualification heats and method of progression to succeeding rounds.
 - i) Maximum number of crews in all races.
 - j) Names of trophies and the events to which they are applicable.
 - k) That the regatta is being held in accordance with these rules, and specifically detailing applicable local clauses.
 - l) That the regatta conditions and event list has the required approvals.
2. Organising Committees are empowered to add local clauses to regulate their regattas provided that such conditions are not contrary to the intent of these rules.

SECTION 3 - Entries, Withdrawals and Crew Changes

Rule 42 - Entries

1. At all regattas the entries shall be made by the method specified in the regatta conditions.
2. The entries shall include:
 - a) The first and family name and competition licence status of competitors.
 - b) Date of birth and assessed age for age group events.
 - c) The club and/or RPC and/or school of record.
 - d) Name of coach/es.
 - e) Certification by a representative of the entering club or RPC attesting that all information is correct.
 - f) The club captain or manager's contact cell-phone number or other direct communication method, to be used by the regatta organisers to advise of changes to the racing programme or other information.
Note: This broadcast system shall be accepted as the approved method of contact to crews absent from the regatta venue.
 - g) Club Safety Officer and contact details.

Rule 43 - False Declarations

Any false declaration may result in the Exclusion of that club from the regatta entered.

Rule 44 - Closing of Entries and the Draw

1. No information on entries or the state of the entry list shall be disclosed by or to anyone until the entries are closed. Information required for late entries may be disclosed if such information is required and provision is made in the regatta conditions for late entries.
2. The Organising Committee shall refuse an entry for Championship Regattas, where it does not conform to these rules or to the stated local clauses for the regatta, for all other regattas the Organising Committee may refuse the entry. The reason for the refusal shall be given.
3. No competitor may be entered more than once in the same event at a regatta.
4. If only one crew is entered in an event other than a processional race, the Organising Committee may cancel the event. If the event is cancelled the Organising Committee shall

either refund the entry fee and any other moneys paid, or, if the club or crew involved agrees, may transfer the entry to another event for which the crew is eligible.

5. Once the entries have closed, the entry data shall be available for inspection by any interested party.
6. The Race Schedule shall be published.

Rule 45 - Protest against an entry

Any protest against an entry shall be submitted in writing to the Organising Committee for investigation and may be lodged up to but not later than 48 hours after the finish of the regatta.

Rule 46 - Substitutions and Reinstatements

1. No substitution or reinstatement of a crew member shall be permitted unless it has been applied for in writing to the Regatta Controller at least one hour prior to the crew's race and has been approved. The Chief Umpire may permit a late application provided it is received and approved before the crew's race.
2. A substitution or reinstatement shall not be approved if the resulting crew would not be eligible to compete in the event.
3. At a Championship Regatta or Major Regatta after late entries have closed no substitution shall be approved for a crew where more than half the number of rowers will be substituted unless it is a medical substitution for a single sculler made prior to racing.
4. A substitute shall be a member of the same club as the rower being replaced except in the case of a composite crew.
5. Up to half the rowers of a crew as well as the coxswain may be substituted before the crew's first race in an event.
6. No substitution except for a medical substitution is permitted for a single sculler.
7. Medical Substitutions
 - a) A medical substitution is the substitution of a crew member on the basis of medical evidence of illness or injury. The Chief Umpire may waive the requirement for medical evidence in exceptional circumstances if they are satisfied from other sources about the crew member's state of health.
 - b) A crew member who is substituted out of a crew through a medical substitution may be allowed to regain their original place in the crew through a reinstatement. Such reinstatement shall not be approved unless the Chief Umpire is satisfied on the basis of medical evidence the crew member has been restored to health. A single sculler shall not be reinstated to a crew if the replacement has raced.
 - c) When a medical substitution or reinstatement is made the crew member should be changed in all their crews. No crew containing a crew member who is the subject of an ongoing medical substitution shall be allowed to race until that crew member has been approved for reinstatement.
8. Pre-race Substitutions (Crew Changes)
 - a) A substitution other than a medical substitution may only be approved for a crew that has not yet raced. No reason need be given when applying for such substitution. No reinstatement shall be approved for such a substitution.
9. Consequential Changes
 - a) Any substitution may be made using a crew member who is already in the event to replace the crew member being substituted out of the event provided that replacement

crew member is in turn substituted, The crews of all such consequential changes are subject to the same rules of substitution as the initial substitution.

- b) If a substituted crew member is reinstated then any consequential changes must also be reinstated. The crews of all such consequential reinstatements are subject to the same rules of reinstatement as the initial reinstatement.

10. If a substitution or reinstatement cannot be approved then the Regatta Controller may scratch the crew.
11. In exceptional circumstances the Chief Umpire may authorise a substitution that is otherwise contrary to these rules.
12. Where a substitution is made before the first phase of the heats commences the Regatta Controller has the right to re-draw the event.

Rule 47 - Withdrawals and Scratchings

Where it is necessary to scratch a crew from a race, advice shall be given in writing, to Regatta Control, by the date and time nominated in the regatta conditions. The Race Committee may promote crews next in line should vacancies occur through scratchings.

SECTION 4 - Safety

Rule 48 - Codes of Practice

The NZRA Competition Safety Code, together with MNZ and any applicable regional council by-laws and regulations, shall be adhered to at all times.

Rule 49 - Visibility for Rowing

All races shall be rowed in conditions of adequate visibility such that safety is not compromised.

Rule 50 - Suspension of Racing

1. The Chief Umpire, the Safety Officer, and the Chief Starter shall monitor water and weather conditions throughout the regatta. If at any time visibility, the water and/or weather conditions are considered to be unsafe for racing, they shall together consult (with, at their discretion, such other officials as might assist) and determine whether racing should be suspended.
2. The Chief Umpire may suspend racing in the event that they consider the water conditions are unfair for racing.
3. The Umpire of a particular race may suspend that race (either before or during it), if it appears that the water conditions compromise the safety of any crew members or render the racing to be unfair to any crews.
4. If racing is suspended for any of the above reasons, the Race Committee shall meet without delay to review the decision to suspend racing. The Safety Officer shall attend the review meeting.
5. Racing will only be resumed when the Race Committee in collaboration with the Safety Officer considers that the water and weather conditions allow for safe and fair competition.

Rule 51 - Postponements

1. If through circumstances beyond their control, a regatta cannot take place at the time, date or on the advertised course, the Organising Committee may postpone it to another time or

date or change the course. Notice shall be given to participating clubs immediately after the Organising Committee has decided to postpone.

2. In the case of a re-row, or when races have been temporarily postponed, the Race Committee in conjunction with the Regatta Controller will decide when they are to be re-rowed.

Rule 52 - Safety Information

The following safety information shall be provided by the Organising Committee:

- a) The circulation patterns to be followed during racing and training on and in the neighbourhood of the course and announce the times at which patterns apply.
- b) Any special points of danger on or near the course.
- c) Safety boat and first aid positions and how to summon help.
- d) Medical support arrangements.
- e) Location of emergency telephones.

Rule 53 - Safety Briefing

1. Each club attending the regatta shall appoint a safety officer. The club safety officer will be responsible for advising all competitors and other members of their club of the safety provisions in place.
2. No later than one hour before the first race in a regatta, the Chief Umpire or the Chief Umpire's delegate shall hold a meeting for the safety officers, at which the safety provisions for the regatta shall be given.
3. Clubs who have not been briefed with the safety provisions shall not be permitted to take part in the regatta.

Rule 54 - Proceeding to the Start, Warming-up and Practising

1. Crews proceeding to the start shall keep clear of the racing lanes and be aware of and leave clear room for the possibility of racing crews straying from their lanes.
2. No warm-up is permitted on the racing course except where specifically allowed for in the circulation pattern.
3. Crews shall not follow a race over all or part of the course when not taking part in a race.
4. Crews shall not cross the finish line (in any direction) while boats from another race are in the process of finishing.
5. Buoys and circulation patterns shall be observed, in particular the detailed requirements for crews entering the start zone.

Rule 55 - Violation of Safety Rules

1. Any crew that does not comply with any safety provision of these rules or otherwise acts in an unsafe manner either in respect of itself or any other crew, shall incur a penalty.
2. The response of the Race Official shall be in proportion to the seriousness of the offence and with due recognition that such a decision may have on the future racing of the person or crew involved. A Race Official should, if practical, refer to the Race Committee before Excluding any crew under this Rule. The offence shall be reported to a member of the Race Committee regardless of any imposed penalties.

SECTION 5 - The Start**Rule 56 - At the Start**

1. Each crew is responsible for being at the start and ready to race two minutes before the scheduled time of the race.
 - a) Crews are responsible for themselves, to be straight, and ready to race.
 - b) Crews shall endeavour to maintain their station and position by manoeuvres that do not unduly require re-alignment.
 - c) A crew that has a problem, or found that they are not ready, may indicate this to the start team by one crew member raising a hand and calling attention to the matter. This action will not be recognised if the Roll-Call has started.
2. If the start area is not free at that time, the crew should follow the instructions of the start team and/or keep within hailing distance of the start zone immediately prior to their race start time until called into the start area.
3. If the regatta runs late, an announcement may be made establishing a differential between advertised start time and actual time, or to advise that lost time may be made up by shortening the intervals between races. In this event, crews shall be at the start area before the start of the preceding race.
4. The Starter should announce the race, the competing crews, their lane and, where practicable thereafter the time remaining to the start of the race, ideally at one minute intervals, up to two minutes prior to the race start time.
5. If, through circumstances beyond their control, or because of equipment failure before the start, a crew cannot reach the start in time, or cannot immediately race at race time once there, they may appeal for a delay, through any Race Official. Such delay is at the discretion of the Umpire and Starter in consultation. They should consider any effect on the other competitors and the programme before granting such a delay.
6. A crew that is not at the start and ready to race two minutes before the scheduled time of the race may be Excluded. If it is permitted to start in the race it shall, at the discretion of the Starter, incur the penalty of a warning indicated by a Yellow Card. The start of a race may take place without reference to absentees.

Rule 57 - Start Preparation – Responsibility of Officials

1. The designated Umpire shall check that the crews in position are correct, (quietly check with the Aligner/Starter over irregularities, draw the Aligner's attention to any possible oversights, i.e. crews apparently not in true position, or missing) and raise a white flag to signify agreement that the start should proceed, once the %minutes+call has been made by the Starter, or earlier when agreed. This flag shall be lowered immediately after the race has started.
2. If all the crews are in position before the official start time the Starter shall check with Regatta Controller, the Judges, the Umpire and the crews for any objections to starting ahead of time. If there are no objections the start procedure can commence forthwith.
3. If the start of a race is delayed, the Starter may:
 - a) Hold the crews in the start area while proceeding with the next race
 - b) Announce a new start time
 - c) Require crews to return to the boating area and await further announcements.

4. The maximum recommended time a race may be held shall be 10 minutes measured from the time that the race was due to start (unless following consultation with the crews, the Convenor of the Race Committee and the Regatta Controller, an alternative start time is agreed).
5. If there is only one crew in a race other than a final, the event shall be re-drawn.
6. The Starter may introduce minor changes to the schedule of racing if they consider it necessary due to local conditions at the start. The Starter shall consult the Regatta Controller and the Convenor of the Race Committee before making such changes.
7. The Starter or Umpire may change the allocation of lanes prior to the start of a race, if necessary to preserve the principle of fair and equal conditions for racing or to increase the separation between crews.
8. Alignment
 - a) The Aligner shall start aligning the crews as soon as any boats are held (by boat holders where relevant).
 - b) When the Aligner is satisfied with the alignment, the Starter will receive a signal that the crews are aligned.
 - c) The start signal may also activate the recording camera in the Aligners hut, to freeze frame the moment of starting. The Aligner shall refer to the picture and if a crew has broken the start line, the race may be stopped, using the electronic signalling system, sound, and/or red flag.
9. Crew Preparation
 - a) Boats shall be held (by the boat-holders, where relevant) and the crew ready to race two minutes before race time.

Rule 58 - The Starting Procedure

1. The Starter shall announce any penalties that have been given against any crews in the race, and ensure the crews understand their status.
2. The Starter may advise the crews of any progression applicable to the race.
3. Subject to receipt of an Aligned signal from the Aligner and a raised white flag from the Umpire signalling that all crews are ready as possible to race the Starter shall then carry out either the Roll Call (normal start) or Quick Start (used under circumstances where a normal start is not possible or practical):
 - a) Roll-Call

The Starter names each crew commencing with lane 1 and following the naming of the last crew shall call the word **Attention** using the same cadence and volume as if another crew.
 - b) Quick Start

The Starter advises the crews that the Quick Start will be used by saying **Quick Start** and shall then call the word **Attention**.
4. The Starter shall then activate the red lights on each lane, indicating to the crews that the race start is imminent. Where no lighting system is in operation the Starter shall raise a red flag.
5. After a further distinct pause, the length of which shall be varied from race to race, the Starter shall simultaneously activate the starting green lights, the sound device, and freeze-frame starting camera if available. Where no lighting system is in operation the

Starter shall give the start by dropping the red flag quickly to one side and simultaneously saying: %Go+

6. If, after the +Attention+call the Starter decides that the start should not proceed, they shall say: %As you were” and switch off the red light or slowly lower flag. When they are again ready to proceed, they will begin again with the Roll-Call or Quick Start.

Rule 59 - False Start

1. A boat crossing the start line after Attention and before the start command is given has committed a false start. If more than one boat crosses the start line before the start command is given, only the crew or crews that the Aligner decides actually caused the false start shall be awarded a warning indicated by a Yellow Card.
2. After the start command has been given, the Starter shall look towards the Aligner to satisfy themselves that it was a good start. If the Aligner indicates this is not so, the Starter shall stop the race by flashing the red light or waving a red flag and sounding the audible signal repeatedly (this may be activated by the Aligner). Only the Aligner shall decide whether it was a false start.
3. The Aligner shall inform the Starter of the name of the crew or crews to be penalised and the Starter shall award that crew or crews a Yellow Card when they have returned to their starting position.
4. The Starter shall Exclude a crew if the crew has received two warnings (indicated by Yellow Cards) that apply to the same race. A Yellow Card shall remain in effect until the race has been rowed and shall therefore apply in the case of a postponement or a re-row.
5. If the Starter feels that the false start was caused by a poorly executed start procedure or by some extraneous sound or action, they may restart the race without penalty to any particular crew on that account.
6. If the race cannot immediately be re-started, the Starter shall confirm the new start time with the Regatta Controller and Judges and announce the new start time to the crews.

Rule 60 - Failure to Start

If a crew fails to start, then the race will proceed without it, unless, in the opinion of the Starter or the Umpire, there is a strong reason for the non-start. In that case, the race shall be stopped.

Rule 61 - Objections at the Start

A crew Excluded or Disqualified at the start may make an objection to the Umpire at the time. The Umpire shall decide immediately on the objection and shall communicate the decision to the objecting crew, to the other crews in the race and to the other Race Officials. The Umpire may need to contact the Race Committee before making any such decision.

SECTION 6 - The Race

Rule 62 - Damage while in the Start Zone

1. If a crew, while still in the start zone, sustains damage to its boat or equipment then a member of the crew shall raise their arm to indicate that there is a problem and all members of the crew shall stop rowing. The Starter or the Umpire may stop the race.
2. The Umpire shall then decide on the steps to be taken, after consulting (if necessary) with the Convenor of the Race Committee.
3. For the purpose of this rule, a crew is still in the start zone if the bow of its boat has not yet crossed the 100-metre line.

Rule 63 - Responsibility of the Crews

1. All crew members shall compete in their race in accordance with the rules. Crews are responsible for their own steering. Each crew shall have a lane reserved for its own use and shall remain completely (i.e. including its oars or sculls) within this lane throughout the race. If a crew leaves its own lane then it does so at its own risk. If it impedes or interferes with any of its opponents or gains any advantage thereby, it may be penalised.
2. If, during a race, a crew considers that it is being interfered with by another crew and is suffering a disadvantage thereby, then a member of the crew should, if possible, draw the attention of the Umpire to the interference at the time the interference occurs to indicate that it intends to make an objection.
3. The crew shall ensure that the Umpire is made aware of the loss of a crew member overboard during a race and shall not continue in the race until such time as they are certain that all crew members are safe.
4. The crew shall advise the Umpire or Safety Officer if any equipment has separated from the boat and if it is likely to be a hazard for subsequent races.

Rule 64 - Interference

1. A crew causes interference to its opponents if its oars, sculls or boat encroach into the opponents' lane and cause a disadvantage to its opponents by contact, its wash or other distraction, or in any other way.
2. The Umpire alone shall decide if a crew is in its own lane or if it is interfering with another crew and causing them a disadvantage.
3. If a crew has caused interference to another crew and has, in the Umpire's opinion, affected the finishing position of that crew then it shall be Excluded by the Umpire but, in principle, only after it has been warned by the Umpire.
4. In the situation where a collision between boats or oars or sculls has occurred the Umpire may Exclude the crew causing the collision even if no prior warning has been given to that crew.
5. In no case may the Umpire alter a placing.

Rule 65 - Responsibility of the Umpire

1. The Umpire shall be the sole judge of a boat's proper course and shall decide all questions relating thereto.
2. The Umpire shall ensure that no steering advice is given from outside the boat or instruction about the conduct of the race. There shall be no following or pacing during the race by other boats.
3. If a crew is about to cause interference to another crew the Umpire shall raise a white flag, call the crew at fault, state the name of the crew and indicate the required change of direction by lowering the flag to that side. In addition verbal instructions may be given. In principle the Umpire may not steer a crew unless there is an obstruction in its lane.
4. To ensure safety of the crew members and to prevent damage to boats and equipment, the Umpire may intervene by raising a white flag, naming the crew and giving the command ~~Stop~~ Stop. The Umpire also has the option of stopping the race and declaring a result, or re-rowing the race from the start. At Local Regattas the race can be restarted from the position the Umpire decides.
5. If a crew is placed at a disadvantage, the first priority is to restore its chances of winning. The imposition of any penalties is a secondary priority. If a crew's chance of winning is

lost, the Umpire shall take the most appropriate course of action provided by the rules. They may, for example, stop the race, impose the appropriate penalty and order the race to be re-rowed. Depending on circumstances, they may allow the race to continue and the Umpire will then announce their decision after the race is over.

6. To stop a race the Umpire shall:
 - a) Activate a sound device
 - b) Wave a red flag
 - c) Give the command: ~~Stop~~
7. If a crew capsizes, the Umpire or safety boat shall immediately attend to assist/rescue and remove all members from the water if required.
8. If a crew capsizes in the start zone the race may be stopped. The crew may be assisted to retrieve and empty their boat and the race shall, in this case, be restarted. The crew may be awarded a Yellow Card
9. The jurisdiction of the Umpire extends over the whole race including start and finish.

Rule 66 - Coaching During Racing and Technological Devices

1. It is prohibited for any person (other than the crew's coxswain) to give instructions, advice or directions to crew members that are racing, verbally or with any electric, electronic or other technical device, either directly or indirectly.
2. It is therefore prohibited to carry any equipment in or on a boat that can be used for communication with the exception of equipment that:
 - a) the Organising Committee may install on each boat, such as a device for the purpose of transmitting real-time race information for the presentation and promotion of the event and the sport; and/or
 - b) the Race Committee has approved for use by a crew member to operate a medical device. Approval may be provided following the disclosure of the medical reason and details about the device, upon entry to the regatta
3. A crew receiving coaching while racing, in any form, with or without the use of a technological device, may be Excluded from the event.

SECTION 7 - The Finish

Rule 67 - Completing the Course

1. A crew has completed the course when its bow, or any part of its hull crosses the line of the finish.
2. If one or more rowers leave the boat before the finish, the crew may still be placed.
3. If the coxswain leaves the boat before the finish the crew shall be deemed not to have finished (the result shall be: Did Not Finish - DNF).

Rule 68 - Finish of the race

A race is concluded when the Umpire so indicates by raising a white or a red flag.

- a. The race was in order
Even if they are satisfied that the race was in order, the Umpire shall check to be sure that no crew is making an objection before indicating to a Judge at the Finish, by raising their white flag, that the race was in order. Before leaving the

finish area they shall make sure that a Judge at the Finish has acknowledged their signal.

b. The race was not in order

If the Umpire considers that the race was not in order they shall raise their red flag. If an objection has been raised, they shall speak to the affected crew(s) in order to understand the reasons for the objection and may consult the Judges at the Finish to obtain the finishing order of the affected crews. The Umpire shall then inform the crews and the Judges at the finish of the decision. Judges at the finish, in such cases, shall not announce the official result of the race until the Umpire has given the decision.

Rule 69 - Duties of the Judges

1. The Judges shall take no account of anything that may have happened before the boats pass the finish, such matters being the responsibility of the Umpire and others.
2. The Judges shall determine the order in which the boats pass the finish line, and they may be required to determine distances between boats at the finish and/or approve records of time differentials. There is no minimum separation between crews that may not be recognised. Judges may inspect any official photographic records or electronic records of the finish before reaching a conclusion.
3. Where a photograph or electronic record is used to decide the order of finish, the Chief Judge shall ensure that any times reflect the separation shown in the photograph or record, rather than the reaction time of the Timekeeper. It is recommended that a sound, audible to the crew members, be provided as each crew passes the line.
4. If there is a difference of view between Judges on the finish order or the distance to be declared, the view of the Chief Judge shall prevail.
5. The Judges shall acknowledge the signal at the end of the race from the Umpire with a signal (e.g. flag or light), or verbally, and take cognisance of any instructions concerning the result.
6. Once the Umpire's approval has been given, the Judges shall declare the result.
7. The Judges shall keep a record of the finish order of each race and of the declared result if different.

Rule 70 - Dead Heats and Re-rows

1. When the order between two or more crews crossing the finish line is too close for any difference to be determined, then the result shall be declared a dead-heat between the crews involved.
2. In a heat, if a dead-heat occurs between crews and if they do not all advance to the next round, then there shall be a re-row over the full course between the crews involved. If all crews advance or the program can accommodate for all crews in the next round, the lane position shall be determined by a draw and no re-row shall be required.
3. In a repechage, quarter final or semifinal, if a dead-heat occurs between crews and if they do not all advance to the next round, crews with the highest ranking in the immediate preceding round shall advance. If the crews had the same result in the immediate preceding round then the result in the next previous round shall be used for the same purpose. If all crews advance or the program can accommodate for all crews in the next round, the position shall be determined by a draw and no re-row shall be required.
4. In a final or where there is a single round for an event, if a dead-heat occurs between crews, then they shall be given equal placing in the final order and the next placing(s) shall

be left vacant. If the tied place is a medal position the medals shall be awarded to all crews.

5. Where a re-row is required for all, or any less number of crews from a race, it shall be rowed as soon as possible on the same day (to preserves where possible, the similar conditions as the original race, but allowing at least 30 minutes between any rowers & other races), or prior to scheduled racing on the following day.
6. Crews may decline to race and scratch without penalty. These crews will be placed last in the re-row race. In this case the re-row will only consist of the remaining crews. If only one crew is remaining no re-row shall take place and the remaining crew shall be placed as if they won the re-row.
7. Substitutions shall not be permitted for a re-row for any reason.

Rule 71 - Medals, Trophies and Awards

1. Medals at Championship Regattas will be awarded to the first, second and third crews from New Zealand. International crews will also receive a medal if placed first, second or third, but will not receive the title, trophies or any other award.
2. Medals at Masters championship events will be awarded to first, second and third crews for single age category events. Where age categories are combined in the same event (e.g. E-G event) medals will be awarded as follows:
 - a) Gold medals will be presented to each age category winner, except where a crew is beaten by an older age category crew (e.g. an F crew beats an E crew in an E-G event).
 - b) Silver and bronze will be awarded to the second and third crews of the combined age category event except where the crew has qualified for a gold in Rule 71.2.a above (therefore a minor medal may not be presented).

SECTION 8 - Disputes and Disciplinary Procedures

Rule 72 - Case Not Covered

The Race Committee and Umpires may decide on any situation not covered in these rules.

Rule 73 - Definitions

The following definitions of disciplinary terms shall apply throughout these Rules:

Reprimand means a formal admonishment that the conduct of the competitor or crew is in breach of the Rules. This will be an appropriate sanction where the breach does not warrant a high level of sanction.

Yellow Card means a formal warning for a breach of the Rules. A Yellow Card shall apply to the next race in which that crew competes in that regatta. It shall lapse only when the race is concluded and shall therefore still apply in the case of a postponement or Re-Row of that race. A crew awarded two Yellow Cards applying to the same race shall be Excluded from the event.

Relegation (REL) means the crew is placed last in its race.

Exclusion (EXC) means the crew is removed from some or all rounds of the event in question. This sanction is for a serious and/or repeated breach of the Rules justifying that the offending crew take no further part in the event.

Disqualification (DSQ) means the competitors or crew are disqualified from all events in the regatta.

- a. This sanction is for the most serious breach of the Rules justifying removal from the regatta.
- b. Where a rower is disqualified, that rower shall take no further part in the regatta.
- c. Where a rower is disqualified at a time when Rule 45 only allows substitutions for medical reasons, then the rower may not be replaced and the crew of that rower shall be Excluded from all rounds of the event in question.
- d. Where a crew is disqualified, no member of that crew shall take any further part in any event of that regatta.
- e. Where an entity is disqualified, no competitor representing that entity shall take any further part in any event of that regatta (and may not represent that entity in any composite crews).

Rule 74 - Race Objections

A crew claiming that its race was not in order may make an objection to the Umpire immediately after the finish of the race and before leaving the area of the finish line by a member of the crew raising an arm. The Umpire of the race shall decide on the objection and communicate their decision to the crews in the race and to the other Race Officials choosing one of the following options:

- a) They may over-rule the crew's objection and raise a white flag to signify that they have decided that the race was in order.
- b) They may accept the crew's objection and raise a red flag to signify that they have decided that the race was not in order. In this case the Umpire shall go to the Judges at the finish in order to give them the decision and any necessary explanations. The Judges at the finish, in such cases, shall not announce the official result of the race until the Umpire has given their decision.
- c) They may decide to seek further information regarding the objection. In this case, they shall raise a red flag and then take any necessary further steps to resolve the issues relating to the objection, e.g. consult with other officials, consult with other persons, consult with the Convenor of the Race Committee etc. The Judges at the finish, in such cases, shall not announce the official result of the race until the Umpire has given the decision.

Rule 75 - Race Protests

1. A protest to the Race Committee may only be made by:
 - a. A crew whose objection has been rejected.
 - b. A crew whose ranking in a race has been affected by the acceptance of the objection.
 - c. A crew ruled DNS (Did Not Start) or DNF (Did Not Finish).
 - d. A crew that has been Excluded, Relegated, or Disqualified.
 - e. A crew that disputes the published results.
2. A protest shall be made in writing to the Race Committee not later than one hour after the Umpire has communicated their decision regarding the objection or, in other cases, one hour after the results have been published.
3. A protest shall include reasons for why the protest is sought (including details of the decision made and the relevant Rule), and should include supporting statements and other evidence (for example, from witnesses), and the remedy being sought.

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4. A protest shall be accompanied by a deposit of \$50, which shall be refunded if the protest or appeal is allowed.
 5. The Race Committee shall decide if the protest was justified. The Race Committee shall:
 - a. consider the protest made by the relevant crew, the reasons for why it is made, and any supporting statements and other evidence, and any remedy being sought; and
 - b. if the protest encompasses an accusation against another party, it shall consult that party and provide them with the ability to provide a reply; and
 - c. if other parties are otherwise involved in the protest, it shall also consult those parties; and
 - d. consider the guiding principles of the Rules before coming to a decision.
 6. The Race Committee will make its decision before the next round of races in the event concerned, and, in any case, no later than two hours after the last race of the day.
 7. The measures resulting from the decision can include:
 - a) Reprimand.
 - b) Yellow Card.
 - c) Relegation where specifically provided in these rules.
 - d) Exclusion.
 - e) Disqualification.
 - f) Re-row (for a specified number of crews).
 8. After application of the appropriate penalty, if any, the Race Committee shall take any other appropriate measure to restore the chances of a crew that has suffered a disadvantage.

Rule 76 - Appeals

1. A club or individual may appeal against any decision of the Race Committee to NZRA. Written ~~Notice~~ 'Notice of Appeal' shall be received within three days of the regatta. A date for any appeal hearing will be set, to be not later than three weeks after the date of the regatta. The appeal will be heard by NZRA, which may consider both written and verbal evidence. The hearing shall be informal and closed, and parties shall represent themselves.
2. Possible Outcomes include:
 - a) Endorsement or increase of the original fines
 - b) A ban from competition for individuals or the club for a period of time, in addition to, or instead of, any fines
 - b) Placing the penalty against the club rather than individuals, or vice-versa
 - c) Finding in favour of the appellants
3. The result of any appeal shall be reported to the Board and may subsequently be published.
4. Following a disciplinary appeal hearing by NZRA the appellant of the regatta involved may make an appeal to the Board.
5. The hearing shall be at a place and time decided by the Chairman of the Board.
6. The hearing shall be informal and the parties shall represent themselves.

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7. Possible outcomes shall be as for an appeal hearing as above, but the outcome shall be final and without further appeal.
 8. The result of the appeal may be published.

Rule 77 - Misrepresentation

1. No person may impersonate another or adopt a false identity in order to compete in a regatta. No person may compete in a classification they are ineligible for, as defined in the rules governing the classification of events. Anyone found to have adopted a false identity, or while banned from competition, shall be Disqualified from the regatta.
2. The incident shall be reported to NZRA, which may take further action.
3. Clubs entering an ineligible crew for an event may be fined all or some of the total entry fees for that event if the entry is declared null and void. The fine shall be decided upon, and imposed by NZRA following any necessary discussion with the parties involved and is in addition to any other penalty imposed.

Rule 78 - Behaviour bringing the sport into disrepute

Competitors, crews, groups of club members or supporters of a club who:

- a) Wilfully disobey safety instructions.
- b) Set out to subvert the application of these rules.
- c) Refuse to follow the instructions of an Umpire or properly appointed official.
- d) Physically or verbally threaten or abuse another competitor, regatta official, helper or members of the public.
- e) Use foul or obscene language or use foul or obscene actions or gestures.
- f) Display any other form of misconduct deemed by an official to be 'behaviour bringing the sport into disrepute'.

shall be considered to have engaged in 'behaviour bringing the sport into disrepute', and may be subject to disciplinary measures within the jurisdiction of the Organising Committee.

Rule 79 - Disciplinary Measures

There are four levels of disciplinary measures:

- a) In the jurisdiction of any Race Official
 - i. Reprimand.
 - ii. Yellow Card.
- b) In the jurisdiction of the Race Committee
 - i. Reprimand.
 - ii. Yellow Card.
 - iii. Exclusion from a race in which the rules have been infringed.
 - iv. Relegation of the crew or an additional time penalty (in case of head races or time trials, to be added to the offending crews time).
 - v. Disqualification of an individual competitor, a crew or a club from all races at the regatta (any prizes already won shall be returned and may be re-awarded to the crew finishing behind this crew, no entry monies are refundable).
 - vi. A monetary fine up to \$150 for each individual, or up to \$1000 for a club

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- c) In the jurisdiction of the Organising Committee after deliberation with the Race Committee.
- i. A fixed penalty fine up to \$150 for each individual, or up to \$1000 for a club.
- This level of action is to be used for serious situations, where the Organising Committee feels that the situation warrants further action or for situations where other actions would be ineffective because the regatta is effectively over for the club involved.*
- d) In the jurisdiction of NZRA
- i. A fine without limit and/or a ban from competition without limit, applicable to individuals or clubs.
- This level of action is to be used for very serious situations, where the individual or club has attempted to cheat and or misrepresent or has repeated an offence treated under sub clause c above, or where NZRA believes that the offence warrants extraordinary action.*

Rule 80 - Sanction imposing process - Race Committee and Organising Committee

1. Prior to imposing a sanction under Rule 79.b or 79.c:
 - a) The Race Committee or Organising Committee (as applicable) shall ensure the relevant incident is appropriately investigated. All parties involved in the incident shall be appropriately consulted.
 - b) Following investigation, the Race Committee or Organising Committee (as applicable) shall provide a written summary of the relevant incident and a preliminary outcome, on the same day as the relevant incident or, if that is not possible, as soon as possible thereafter.
 - c) Where the preliminary outcome of the Race Committee or Organising Committee (as applicable) includes the imposition of a sanction, the relevant individual competitor, crew or club shall be provided a copy of the written summary, the preliminary outcome and an explanation of the process. They shall be given the opportunity of providing a written rebuttal of the statement. Such a rebuttal shall be provided within two hours.
 - d) The Race Committee or Organising Committee (as applicable) shall consider the written summary, preliminary outcome, and any rebuttal and may then impose a sanction.
2. After imposing a sanction the Race Committee or Organising Committee (as applicable) shall advise the competitor or crew that the decision may be appealed to NZRA under these Rules.
3. If relevant and if a fine is imposed, the individual or club cited in the summary may be banned from competition until the fine is paid.

Rule 81 - Record Keeping and Reporting

1. Where a Race Official or the Race Committee Reprimands, awards a Yellow Card, or Excludes a crew from an event, the sanctioned crew shall be informed immediately or as soon as possible thereafter.
2. Where a Race Official, Race Committee or the Organising Committee imposes one of the disciplinary measures listed in Rule 73 on any competitor or crew (excluding a Reprimand), the Race Official, Race Committee or Organising Committee shall document and provide to the Regatta Controller:

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- a) The competitor or crew on which the sanction has been imposed;
 - b) The sanction;
 - c) The nature of the relevant breach of the Rules and the time and location of the breach;
 - d) Any other important facts; and
 - e) If relevant, the name and function of the Race Official who awarded the sanction.
3. The Race Committee shall:
- a) Notify the relevant club of the facts and penalty imposed, where an Exclusion or Disqualification has been imposed;
 - b) Notify the Local Association of the relevant club where a Disqualification has been imposed;
 - c) Publish the facts and penalty imposed where an Exclusion or Disqualification has been imposed; and
 - d) May publish the facts and penalty imposed when any other sanction has been used.
4. The Organising Committee shall ensure that the information described in Rule 81.2, and any written summary or written rebuttal under Rule 80, is retained for at least the duration of the Season in which the regatta is held. Such information shall be shared with NZRA on request.

Rule 82 - Race Official and Regatta Volunteer Complaints

1. Complaints regarding Race Officials and Regatta Volunteers should be made to the Organising Committee or a person appointed by the Organising Committee for that purpose.
2. The Organising Committee or a person appointed by the Organising Committee will report the facts and the outcome, in writing, to NZRA.

SECTION 9 - Race Officials

The management of licensed Race Officials is set down in NZRA policy.

Part 6 - Anti-Doping and Anti-Match Fixing and Sports Betting Rules

Rule 83 - Anti-Doping

1. Doping is strictly prohibited.
2. The fight against doping is regulated by the World Anti-Doping Code, which has been formally adopted as NZRA rules. The version of the World Anti-Doping Code and its Bye-Laws valid at the time of the violation shall apply.

Rule 84 - Anti-Match Fixing and Sports Betting

An Anti-Match Fixing and Sports Betting policy has been formally adopted by NZRA that establishes rules to apply across rowing in relation to any Match or Event Under the Jurisdiction of, or Connected to, NZRA whether inside or outside of New Zealand. All relevant persons associated with NZRA as defined in the policy must comply with this policy.

Part 7 - Head and Other Processional Races

Rule 85 - Scope

This part shall apply to all events that are conducted as processional races, against the clock (head races and time trials).

Rule 86 - Suitable Courses

1. Processional races shall only be conducted on courses that are wide enough for participating crews to navigate safely; for an overtaking crew to pass another crew safely over the majority of the course and for other water users and non-participating crews to travel the length of the course without impeding crews involved in the race.
2. Turns or changes in direction of the racing course shall be limited to those that can be negotiated at a normal racing pace, with conventional steering in unmodified boats.
3. The starting area shall have ample room above the start line and be clear of all hindrances so that all crews in an event or division of an event, can be marshalled safely and turn without interfering with the start or other water users.
4. The area below the finish line shall have ample room to allow crews that have finished to clear the finish area without interfering with the course or other water users.
5. The Safety Officer shall ensure that the event has a capability of recognising when and where accidents have happened and recovering distressed competitors quickly and providing timely medical attention. Suitable hand-held radios shall be carried by all boats used for umpiring and safety and any other boats that are on the water during the regatta (TV, photography, selectors etc.). They shall be able to use all channels available for use at the regatta.

Rule 87 - Course Markings

1. Hazardous areas such as shallows, underwater obstructions, narrow passages, side channels and areas where other water traffic crosses the course shall be conspicuously marked, and identified in the competitors' instructions.
2. The starting line shall be conspicuously marked, and if necessary buoys shall be set to guide crews into the start.
3. The finish line shall be conspicuously marked.

Rule 88 - Officials

The Convenor of the Race Committee shall appoint or approve Race Officials as follows:

a) **Chief Marshall**

The Chief Marshall shall be responsible for a team of marshals whose task is to organise the crews' safe journeys to the start, assembly into race order, and their safe return to their disembarkation points after completing the race.

b) **Starter**

The Starter shall be responsible for administering the start procedures. The Starter shall have available a megaphone system of sufficient power (volume) as to be heard by all crews and an electronic or pneumatic start/recall device.

c) **Assistant Starter**

An Assistant Starter may be used who shall be responsible for presenting crews to the Starter (normally at or near racing pace), while maintaining the order of the start and appropriate intervals between crews.

d) Chief Timekeeper (Head Races)

The Chief Timekeeper shall be responsible for a team whose task it is to mark the starting time and finish time for each crew and for calculating the net elapsed times.

e) Chief Umpire

The Chief Umpire, who may or may not be the one and the same as the Convenor of the Race Committee and/or the Chief Marshal shall be responsible for the application of racing rules by the team of Race Officials during the race and for the imposition of penalties following interference, fouls or any other breach of the rules (NZRA or Local Event) that occur during the race.

Rule 89 - Race Officials

1. Race Officials should be stationed along the course so that between them, they can observe the course in its entirety. In particular Race Officials should be placed to cover points of the course where:
 - a) There is a turn of more than 45 degrees.
 - b) A narrow passage might prevent an overtaking crew from passing safely (Head and Overtaking Races).
2. Race Officials shall:
 - a) Note any violations of the rules, including interference and breaches of the safety regulations, take the appropriate action and report such violations to the Chief Umpire for appropriate penalties.
 - b) Give instructions to crews to avert collision or accident and to avoid interference.
 - c) Stop a crew if necessary for safety reasons.
 - d) Be equipped with megaphones and radios, to pass on note of warnings, and to call for rescue or first aid if necessary.

Rule 90 - The Start (Head Races)

1. All crews shall be allocated a number, which shall be prominently displayed by the crew throughout the race; crews will be addressed by this number during the race. The numbering system used should be Alpha-Numeric, using double sided bow numbers.
2. The Assistant Starter will present the crews in order, in procession, to the start. The timekeeper shall record the crew number and the time the crew passes the line of the start.
3. The Starter will start each crew with a call and start horn (if used) e.g. %Number A1+... %Go+(hooter), the %Go+being given as the crew approaches the line of the start.
4. If the crews present themselves to the Starter out of order, the Starter shall take them in the order in which they come.

If two crews present themselves to the Starter together, the start marshal may attempt to hold one back, if they fail, the Starter may start both crews together.

Rule 91 - Local Event Rules

1. The Convenor of the Race Committee, in conjunction with the Safety Officer and Starter shall prepare and publish a set of Local Event Rules to supplement, and where necessary override, these rules in the light of experience of the course and the volume and quality of the competitors.

For example, the Local Event Rules might establish:

- a) *How lateness at the start is to be dealt with.*
 - b) *The way in which Control Commission shall work at the event (N.B. as a minimum, the identities and eligibility of winning crewmen should be checked, and spot checks made on the safety aspects of equipment).*
 - c) *Whether or not the event is to be divided into divisions, and if so, how each is to be progressed to its starting position, turned and brought to the start.*
 - d) *On what parts of the course, if any, is overtaking to be banned.*
 - e) *Is there to be a rule covering which side an overtaking crews should go, and the extent to which slower crews should give way.*
 - f) *The extent to which certain types of penalty should be fixed or varied between fixed limits.*
2. Local Event Rules prescribe penalties for not maintaining an established course, or where special care needs to be taken for safety reasons.

Rule 92 - Time Trials

When time trials are used as part of the progression system for a regatta on a laned course the following rules shall apply:

- a) The recommended distance shall be at least 75% of the full course distance, except where for practical reasons a shorter distance no less than 50% of the full course distance may be utilised.
- b) Adjacent lanes with similar conditions over the full distance shall be used.
- c) There shall be at least one additional lane inside and outside the lanes used for the trial.
- d) Crews shall be set off down the race lanes at 10-second intervals using each lane alternatively (thus giving a 20-second space between crews).
- e) In the event of a crew catching the crew in the race lane shall require that the crew being caught moves promptly into the lane adjacent to the race lane and allow the overtaking crew to pass. Having been passed the overtaken crew shall then resume racing in the race lane.

Lanes 2 and 3 used for racing lanes 1 and 4 used for slower crews. If a crew in lane 2 catches the crew ahead of it, then the crew being overtaken shall move into lane 1 – returning to lane 2 again after the overtaking crew has passed. Similarly for lanes 3 and 4 respectively.

- f) On an unlaned course the overtaken crew shall give way by moving out of the race lines until the overtaking crew has passed.

Rule 93 - Zonal Umpiring

1. The Race Committee may decide that, if it is safe to do so, that umpiring of some races shall be carried out from boats which are stationary or which do not follow the whole races or by umpires stationed on the land adjacent to the course and shall issue instructions and guidance accordingly.
2. In providing such instructions and guidance the Race Committee shall designate points along the course at which the umpires shall be positioned and shall give instructions as are necessary, including for contingency or other situations.

3. Zonal umpires, when stationed in boats, may move to the centre of the course after the race has passed to confirm that all crews are within their lanes and shall then return to their designated position. If the umpire considers that any crew is about to interfere with another crew the umpire may follow the race for such distance as they consider necessary.
4. Where zonal umpiring is in force, the provisions of this Rule shall refer to each of the umpires responsible for their respective zones of the race, both within their zone and outside where appropriate. The extent to which zonal umpires carry out their duties shall be subject to their location and consequent ability to oversee the race.

Appendix A - New Zealand Rowing Championships Events

The New Zealand Rowing Championships shall include the following Championship events:

Men:

Championship Single Sculls (M1x)
Championship Double Sculls (M2x)
Championship Quadruple Sculls (M4x)
Championship Pair (M2-)
Championship Four (M4-)
Championship Coxed Eight (M8+)

Women:

Championship Single Sculls (W1x)
Championship Double Sculls (W2x)
Championship Quadruple Sculls (W4x)
Championship Pair (W2-)
Championship Four (W4-)
Championship Coxed Eight (W8+)

The New Zealand Rowing Championships shall include the following additional events:

Men:

Senior Single Sculls (1x)
Senior Coxless Pair Oars (2-)
Senior Double Sculls (2x)
Senior Coxless Four (4-)
Senior Coxless Quad (4x)
Senior Coxed Eight (8+)

Club Single Sculls (1x)
Club Coxless Pair Oars (2-)
Club Double Sculls (2x)
Club Coxless Four (4-)
Club Coxless Quad (4x)
Club Coxed Eight (8+)

Intermediate Single Sculls (1x)
Intermediate Double Sculls (2x)
Intermediate Coxed Quad (4x+)
Intermediate Coxed Four (4+)
Intermediate Coxed Eight (8+)

Novice Double Sculls (2x)
Novice Coxed Four (4+)
Novice Coxed Quad (4x+)
Novice Coxed Eight (8+)

U22 Single Sculls (1x)
U22 Coxless Pair Oars (2-)
U22 Double Sculls (2x)

Women:

Senior Single Sculls (1x)
Senior Coxless Pair Oars (2-)
Senior Double Sculls (2x)
Senior Coxless Four (4-)
Senior Coxless Quad (4x)
Senior Coxed Eight (8+)

Club Single Sculls (1x)
Club Coxless Pair Oars (2-)
Club Double Sculls (2x)
Club Coxless Four (4-)
Club Coxless Quad (4x)
Club Coxed Eight (8+)

Intermediate Single Sculls (1x)
Intermediate Double Sculls (2x)
Intermediate Coxed Quad (4x+)
Intermediate Coxed Four (4+)
Intermediate Coxed Eight (8+)

Novice Double Sculls (2x)
Novice Coxed Four (4+)
Novice Coxed Quad (4x+)
Novice Coxed Eight (8+)

U22 Single Sculls (1x)
U22 Coxless Pair Oars (2-)
U22 Double Sculls (2x)

Open:

Open Para Single Sculls (1x)
Open Para Double Sculls (2x)

Appendix B - Regulations for Courses

Championship Regattas

1. Characteristics

1. The minimum requirements for courses on which Championship Regattas are held are as follows except where noted:
 - a) Length
The course shall be 2000 metres (Masters . 1000 metres) long in a straight line. There shall be sufficient clear water beyond the finish to enable crews to stop without difficulty. Where it is necessary races can be reduced in length at the recommendation of the Race Committee in the interest of the safety of the crew members.
 - b) Width
Not less than for six crews abreast. The width of each crew's lane where possible shall be 15 metres except where the lanes are marked by buoys (Albano system) in which case the minimum lane width may be 12.5 metres. There shall be a width of at least 5 metres or clear water between the outer limits of the course and the bank of any permanent structure.
 - c) Depth
If less than 3 metres, the depth shall be reasonably even across the course.
 - d) Start
Boats shall be started from fixed or moored structures. The Starter's platform shall be placed in line with or behind the starting line. Speakers are required which make it possible for every crew member to receive instructions at the same time. There shall be a traffic light system to indicate the Start. To assist coxless boats, a system of steering marks should, where possible, be placed behind the starting line for each lane.
2. There shall be direct communication between the Starter, Aligner, the Judge at the finish, the Convenor of the Race Committee and the Regatta Controller.
3. The Aligner shall be able to give their instructions by microphone direct to the boat holders, who shall be provided with headphones or alternatively, direct to the crews through loudspeakers.

2. Marking the course

1. A line consisting of buoys at not more than 20 metre intervals shall mark the outer limits of the course. Buoys of a different colour shall indicate each 250 metre mark. The buoys for the first 100 metres may be of a different colour. The 500 metre, 1000 metre, 1500 metre mark shall be distinguished by larger buoys or other suitable means.
The above are minimum requirements and, wherever possible, the Albano system should be used, i.e. a marker line is placed between each lane consisting of buoys at not more than 20 metre intervals.
2. The course shall be marked out and a plan prepared by a qualified surveyor or engineer. Copies of this plan shall be available at the regatta office.
3. All marker buoys shall be sufficiently flexible and of such size that no damage can be caused to boats or oars.

3. Start and Finish Lines

1. The start and finish lines shall be square to the course and aligned from fixed survey marks.
2. The start and finish lines shall be accurately defined by means of two strings or pegs immediately in front of the Aligner at the start and the Judge at the finish and a clearly recognisable mark on the other side of the course.
3. An indication of the finishing line shall be given by buoys bearing red flags on each side of the course, located as close to the true line as is practicable when the Albano system is not used.

4. Start Zone

Buoys shall give an indication of the 100 metre starting zone with white flags on either side of the course when the Albano system is not used.

5. Start System

An electronic system providing both an audible and visual means of starting a race shall be used.

6. General

1. If there is any current, it shall be reasonably equal over the full width of the course.
2. Courses on which normal racing cannot be reasonably assured on account of wind, waves etc, cannot be considered as complying with these requirements.
3. Lane 1 shall be on the same side as the Judge's position.
4. A minimum of video replay equipment shall be available to record all starts and finishes. Video equipment shall be of the highest quality such that replays of the start can be completed while the crews are in the start zone. Finish Lynx or an equivalent system shall be used.

Major Regattas

For Major Regattas in principle the same regulations as for Championship Regattas shall apply, length, conditions, depth etc, will be the same as a Championship Regatta. The following may vary:

- a) The number of lanes may be up to 10.
- b) Number of buoyed lanes set for the regatta.
- c) The Start may not be held.
- d) There may be no timing or photographic gear.
- e) Will have local clauses added to the conditions to suit the time of the Season and ability of the crews.
- f) Start system should be used.

All Other Regattas

The course for all other types of regattas may vary to suit local conditions.