



## U18 North vs South Selection Process

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### Eligibility

Rowers must be 17 or younger as of 31st December 2022 to be eligible.

### Selection process

In order to be considered for a trial for an U18 team, rowers must complete the following...

- Fill in an U18 nomination form [here](#).
  - Nominations for U18 trials will close on the **28 February, 2022**.

### Information required to nominate

- Personal contact details
- Coach contact details
- Arm span, height and weight
- Best 2km erg score, date of test, average split and rate and who witnessed it.

### Coxswains

Coxswains must complete the COXSWAIN nomination form by the 28 February, 2022. This can be found [here](#). A recording of racing (or race piece from training), coxing CV and cover letter must be submitted as part of the nomination process.

### Key dates

- Nominations close: 28 February, 2022
- Trialists announced: 3 April, 2022
- Trial dates:
  - North Island: 23-25 April, Lake Karapiro
  - South Island: 22-24 April, Lake Ruataniwha
- Those rowers selected into the team will stay on for a camp and then compete in the U18 regatta at Lake Karapiro 28-29 April, 2022.